

San Antonio sits at a crossroads in South Texas. It is a city with strong army origins, deep family networks, and an expanding health care facilities. Those toughness matter when a person decides to stop using alcohol or medications and needs help with withdrawal. Detoxification is the first step in many healing paths, not a treatment on its own. Done well, it keeps people safe, supports the body, and establishes the following phase of addiction treatment. Done badly, it can frighten a person off from obtaining assistance again.

This overview walks through just how to evaluate detoxification options in San Antonio, what safety must resemble daily, the timelines you can genuinely expect, and just how to attach detoxification to longer term treatment. It makes use of experience dealing with doctors, nurses, and therapists throughout Texas, and it intends to be sensible. The objective is basic: help you choose you can trust.

What "detoxification" really does

Detox is short for withdrawal monitoring. At its core, it is medical and nursing care that assists a person quit utilizing a material while reducing the threat of medical complications. Think of it as the off-ramp from energetic usage to healing solutions. That off-ramp can be steep or steady relying on the material and wellness history.

The most harmful withdrawal disorders are usually from alcohol and benzodiazepines. They can create seizures, ecstasy, harmful swings in high blood pressure, and extreme complication. Opiate withdrawal is normally not harmful, but it can be harsh and destabilizing, with throwing up, dehydration, and severe discomfort. Stimulant withdrawal, from drug or methamphetamine, usually brings a crash with clinical depression, impatience, and rest disruption that benefit from careful tracking. Polysubstance usage muddies the photo and frequently extends timelines.

An excellent detox center in San Antonio will certainly analyze which substances are in play and match like take the chance of. That implies nurses examining essential indicators, medical professionals or advanced technique providers purchasing medications, and groups looking for the minute when a person is steady enough to step into the following level of addiction treatment in San Antonio or elsewhere in Texas.

What risk-free care looks like on the floor

When you walk into a qualified clinical detox unit, a couple of points attract attention. First, it runs on methods, not improvisation. Nurses make use of standard racking up tools, like the Scientific Institute Withdrawal Analysis for Alcohol or the Medical Opiate Withdrawal Range, to dosage drugs based on signs. Second, safety and security is a society, not simply a list. That turns up in exactly how personnel speak to individuals, how they document, and just how swiftly they call a provider when something is off.

For alcohol withdrawal, you might see a benzodiazepine taper, usually with symptom-triggered application, together with thiamine to prevent Wernicke encephalopathy, folate, liquids, and electrolyte surveillance. For opioid usage disorder, comfort medications like clonidine, anti-nausea representatives, and rest aids may be utilized, yet the very best end results come when teams start buprenorphine or methadone during detox and afterwards proceed in outpatient care. For benzodiazepines, a slow taper is standard, in some cases replacing a longer-acting representative for a smoother descent. For energizers, helpful treatment targets sleep, hunger, stress and anxiety, and reduced state of mind. In all cases, co-occurring problems like diabetic issues, high blood pressure, or clinical depression require interest, given that they can complicate withdrawal.



Most San Antonio detoxification facilities fall under two groups. Inpatient medical detoxification systems operate 24 hours a day with onsite nursing and doctor oversight. Residential social detoxification offers organized support however frequently relies on outdoors companies for medical orders. Both can be proper, but match the readying to take the chance of. A person with serious alcohol use and a history of seizures belongs in an inpatient medical detoxification with constant monitoring, not in a reduced strength bed.

The San Antonio lens

San Antonio is home to big army and seasoned areas, a substantial Spanish talking population, and a mix of city and country neighborhoods. Those realities shape detox care.

- Military connected patients sometimes deal with occupation issues when looking for aid. Respectable facilities know how to deal with authorization to connect with commands, document precisely, and protect privacy. Tricare protection and synchronisation with Department of Protection or VA solutions can smooth the handoff after detox.
- Spanish language services are not a good to have. If your first language is Spanish, ask about bilingual team throughout shifts, not just access to a phone interpreter. Clear interaction during withdrawal reduces errors and stress.
- Transportation is a hidden barrier in an expanded city. Centers that arrange rides to comply with up visits and coordinate with outpatient facilities or healing homes in Bexar County maintain energy going.
- Heat matters. Dehydration can intensify withdrawal. Competent groups enjoy fluid equilibrium very closely throughout San Antonio summers and urge dental consumption with electrolyte options when cravings is low.

How lengthy detox takes

Timelines differ. Many medical detox stays in Texas run concerning 3 to 7 days, but that ordinary hides a lot of nuance.

- Alcohol: Moderate to modest withdrawal signs and symptoms often peak within 48 to 72 hours and work out by day 5 to 7. Extreme situations with ecstasy tremens can last longer and may require ICU level care.

- Opioids: If buprenorphine is started, intense symptoms typically enhance within 24 to two days, and a patient can relocate to outpatient drug treatment within 2 to 4 days. Without buprenorphine or methadone, anticipate 4 to 7 days of substantial symptoms and a rocky transition.
- Benzodiazepines: Tapers can take weeks. Inpatient keeps may start the taper and transition you to outpatient administration, particularly if doses were high or usage was lengthy term.
- Stimulants: The first crash can last 2 to 4 days, with rest and mood adjustments remaining for weeks. Brief inpatient remains support sleep and safety, after that outpatient treatment continues.

Polysubstance withdrawal usually lengthens detox. Co-occurring mental health and wellness signs and symptoms usually become the nerves alters, and they might affect size of stay.

Accreditation, licensing, and what that means

Texas manages addiction treatment facilities via licensing, and several respectable programs also seek nationwide certification. When you veterinarian facilities, search for existing state licensure and independent certification such as The Joint Payment or CARF. Accreditation does not assure perfect treatment, but it indicates that policies, documentation, and safety procedures have survived external scrutiny.

Ask particularly concerning medical oversight. Who writes orders, and how typically are they onsite? Exists a doctor board licensed in addiction medicine or psychiatry included? For some smaller sized programs, an overseeing medical professional rounds a few times a week while nurse practitioners or doctor assistants manage daily treatment. That can work if interaction is tight and registered nurses feel encouraged to rise concerns.

Cost, insurance, and the truth of billing

In San Antonio, medical detox costs vary extensively. With commercial insurance policy, lots of people pay copays and deductibles that vary from a few hundred dollars to a number of thousand, depending upon plan style. Self pay daily rates can extend about 600 to 1,500 bucks in a clinical detoxification device, sometimes a lot more if health center based. Residential social detox is often less, but the compromise is reduced clinical intensity.

Before admission, request an advantages examine and a written quote. Clarify what is consisted of [methadone treatment drugs](#) in the day-to-day rate: laboratories, pharmacy, physician fees, and any kind of needed transfer to a higher degree of treatment if complications develop. Out of network surprises still occur. Have the facility verify network standing with your insurance firm and offer the permission number. For those making use of Medicaid or Medicare, choices exist however can be restricted. Region funded beds with local psychological health and wellness and behavioral wellness authorities can be a lifeline, although accessibility fluctuates.

The handoff that makes or breaks recovery

Detox without a comply with up plan is a configuration for relapse. The period quickly after discharge carries the highest possible overdose threat for individuals with opioid usage condition since tolerance drops swiftly. The safest method is to begin drug for opioid usage disorder during detox and routine the initial outpatient comply with up within 24 to 72 hours.

For alcohol usage problem, medications like naltrexone or acamprosate lower cravings and boost end results. Starting them prior to discharge maintains energy. Counseling, peer support, and household involvement issue, but drugs often dual or three-way the odds of sustained sobriety compared to therapy alone. Excellent San

Antonio programs collaborate with outpatient clinics throughout the metro location, consisting of facilities on the South Side, medical facilities near the Loop, and telehealth companies certified in Texas.

Families require a strategy also. A quick family members session prior to discharge can establish assumptions around rest, mood swings, and causes throughout the initial two weeks at home. It also maps out practicalities like who manages vehicle tricks, pharmacy pick-ups, and adhere to up rides.

What to ask a detoxification fixate the first call

Use the admissions call to gauge quality and transparency. Jargon and evasiveness forecast problems later. Maintain the inquiries basic and pointed.

- What level of medical care do you provide 1 day a day, and who is onsite overnight?
- How do you manage alcohol, opioid, benzodiazepine, and polysubstance withdrawal, and what medications do you usually use?
- How soon do you start buprenorphine or methadone for opioid usage condition, and exactly how do you web link people to maintenance treatment after discharge?
- What is your plan for co-occurring mental health and wellness conditions, and can you prescribe or readjust psychological drugs throughout detox?
- Can you validate my insurance coverage advantages prior to admission and offer me a written quote that consists of all fees?

If the responses are unclear or you are pressured to commit before basic details are clear, think about that a warning sign.

Red flags that should have a difficult pause

- Guaranteed outcomes or remedy cases. Detoxification is a clinical stablizing, not a guarantee.
- Refusal to go over medicines. Proof based programs need to be able to clarify their formulary and protocols.
- No plan for aftercare. A facility that does not arrange adhere to up is not severe concerning recovery.
- Financial opacity. If you can not get an ordinary description of costs and network standing, presume shocks later.
- One dimension fits all timelines. Forecasting exact sizes for complicated withdrawals is not credible.

Special populaces that need tailored care

No 2 patients existing similarly. Some groups take advantage of targeted solutions that many San Antonio focuses provide, yet not all do.

- Pregnant individuals. Opioid withdrawal while pregnant calls for cautious monitoring. Methadone or buprenorphine maintenance is basic. Alcohol withdrawal still requires benzodiazepines when indicated, with obstetric consultation. Pick a center with established relationships with regional maternal units.
- Veterans. Control with VA solutions can open up access to inpatient detox or stepdown care. Many veterans additionally take care of persistent discomfort and PTSD. A team that can adjust non opioid pain routines and start trauma informed care lays much better groundwork.
- Adolescents and young people. Less programs approve minors, and regulations around approval vary with age and guardianship. Ask centers early about age criteria and household participation policies.

- Patients with persistent clinical conditions. Diabetes mellitus, COPD, seizure conditions, or liver disease complicate detoxification. Look for centers with quick accessibility to healthcare facility treatment if needed and clear transfer protocols.
- Spanish speaking family members. Real bilingual staffing issues throughout de-escalation, medication mentor, and discharge preparation. If a center depends entirely on interpreter lines throughout company hours, continuity suffers.

How medication for opioid use problem fits into detox

In Texas, as in the remainder of the country, medications like buprenorphine and methadone decrease death, improve retention in care, and assistance long-term stability. The minute of detoxification is an ideal time to start, not delay. People are motivated, currently gotten in touch with medical professionals, and past the acute drunkenness phase.

A sensible timeline appears like this. On the first day or more, as soon as moderate to modest withdrawal exists, buprenorphine induction begins with a low dose that is changed based upon signs and symptoms. Some clinicians utilize micro induction when fentanyl is included to avoid precipitated withdrawal, beginning with extremely tiny dosages and [drug addiction treatment](#) accumulating over a day or 2 while the individual reduces full agonists. Methadone begins in an organized center setup with daily observed application and titration. Both paths work, and the selection depends on history, accessibility, and individual choice. An essential test of a detoxification facility's method is just how they handle these starts and how they coordinate the handoff to a prescriber in the community.

The first 72 hours after discharge

Assume the first 3 days in your home or in a stepdown setting will certainly be delicate. Rest financial obligation, state of mind swings, and a flood of minor stress factors can accumulate. Prepare for that before you leave the unit. A practical strategy includes a filled prescription for any kind of maintenance medication, a validated first visit time, and a short list of names to call if desires surge. If an individual utilized opioids, leave with naloxone available and see to it member of the family recognize just how and when to utilize it.

Nutrition and hydration audio fundamental, however they count. Encourage little, regular meals, electrolyte drinks, and a few favorite secure foods that do not disturb a sensitive belly. Mild strolls in the San Antonio morning or night, before the warmth increases, can aid reset the rest wake cycle without ill-using the body.

Connecting detox to the larger healing ecosystem

Addiction treatment in San Antonio has widened over the last decade. Beyond detox, you can find intensive outpatient programs, partial a hospital stay programs, sober living homes, and medicine centers spread out from downtown to the borders. Peer healing teams fulfill daily throughout the city in both English and Spanish. Telehealth fills up voids for those living further out towards capital Nation or the south of Bexar County.

Strong detoxification programs act like air web traffic controllers. They collaborate with this community, track whether people actually get to their next location, and troubleshoot obstacles in actual time. A warm handoff is not a buzzword. It looks like a therapist organizing the first outpatient consultation while the person is in front of them, sending out the discharge summary straight, contacting us to confirm receipt, and preparing transportation if needed.

A short anecdote that shows what excellent appearances like

A guy in his late thirties, a technician from the North Side, called for help after a weekend bender tipped right into tremors on Monday morning. He had two prior detoxification attempts that felt chaotic, including one where he left against clinical recommendations after 24-hour. This time, the facility validated his insurance while he was on the line and described what to expect that night: a nursing assessment, laboratories, sign guided application, and thiamine. They were specific that alcohol hallucinosis can show up around day two, and that if his vitals recommended greater threat they could transfer him to a medical facility partner.

He remained five days. On day 3, with tremors down and blood pressure secure, the team introduced naltrexone and established a follow up at a clinic near his shop. They knotted in his sister for a quick discharge call concerning sleep adjustments and crankiness. The following week he made the visit. A month later on he was still on drug, still mosting likely to function, and still going to a guys's team on the West Side. His earlier attempts did not stop working since he was not serious. They failed because the system let him down at handoffs.

Harm reduction and realistic expectations

People do not fall short detoxification if they return to utilize. Withdrawal administration treats a clinical crisis and opens up a window for modification. Some individuals step with it the very first time. Others need 2 or three tries prior to they locate a mix of medications, therapy, and social support that holds. Appreciating that fact keeps doors open.

Harm reduction belongs in the discussion. Naloxone distribution, fentanyl test strips where lawful, much safer use education, and nonjudgmental interaction save lives. Texas has actually been broadening accessibility to naloxone through drug stores and neighborhood programs, and lots of San Antonio organizations currently lug it. If an individual picks not to go into formal therapy after detoxification, staying attached to a health care center or damage decrease group maintains a bridge for the future.

How to examine on-line evaluations and word of mouth

Online scores can help, but translate them with context. Detoxification is hard, and also excellent programs get their share of low stars. Patterns matter greater than one loud complaint. Consistent remarks about payment surprises, rude team, or hazardous conditions deserve interest. Balanced testimonials that state certain staff by name, define policies plainly, and note both pros and cons really feel even more credible.

Word of mouth from medical professionals, recovery peers, or family members that have been through the procedure is gold. In San Antonio, numerous medical care workplaces, emergency room social employees, and peer coaches maintain casual listings of programs that interact well and comply with through.

Where addiction treatment in San Antonio fits into the larger Texas picture

Addiction therapy Texas vast is a patchwork of public and private sources, however San Antonio gain from an emergency of health centers, neighborhood centers, and healing organizations in one metro area. For those living outdoors Bexar Region, some patients travel in for detox, then transition back home for outpatient care. Others use telehealth for treatment and drug follow up. The secret is to assume regionally. A solid detox does not need to be next door if it can collaborate perfectly with your neighborhood supports.

Final guidance for family members and patients

If you read this in situation, concentrate on safety first. Alcohol drinks with complication ask for a medical detox unit immediately. Opioid use with recent fentanyl exposure requires a facility that can start buprenorphine masterfully and swiftly. If you are intending ahead, use your time to confirm insurance, ask sharp questions, and scenic tour when possible. Notice how team interact with current clients. Respect, not simply kindness, is the tell.

Detox is a doorway. Tip through one that leads someplace. Select a San Antonio program that deals with withdrawal as one stage of care, not an island. Demand evidence based medicines when they fit your scenario. Request clear, written discharge strategies. And bear in mind that a slip does not erase development. Recuperation is not a straight line, however with the ideal map and the best team, it is navigable.

Addiction Treatment · Texas Hill Country

La Hacienda Treatment Center *Addiction Treatment & Recovery*

[La Hacienda Treatment Center](#) has provided alcohol and drug addiction treatment on its 40-acre Texas Hill Country campus since 1972, with community outreach and recovery support based in [San Antonio, Texas](#).

Founded 1972 **Campus** Hunt, Texas · 40 acres **Outreach** San Antonio, TX **Accreditation** The Joint Commission
[Organization San Antonio Programs Conditions Accreditation Addiction Treatment Knowledge](#)
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Organization & Identity

Facts drawn directly from the company website.

1. La Hacienda Treatment Center is an addiction treatment center.
2. La Hacienda Treatment Center was founded in 1972.
3. La Hacienda Treatment Center is located in Hunt, Texas.
4. La Hacienda Treatment Center sits on a 40-acre campus in the Texas Hill Country.
5. La Hacienda Treatment Center is located near the Guadalupe River.
6. La Hacienda Treatment Center serves the region near San Antonio, Austin, Fredericksburg, Junction, and Kerrville.
7. La Hacienda Treatment Center has the phone number 830.238.4222.
8. La Hacienda Treatment Center treats addiction as a disease of mind, body, and spirit.
9. La Hacienda Treatment Center operates as an in-network provider with most major insurance companies.

02

San Antonio Community Outreach

La Hacienda's [San Antonio outreach office](#) and the recovery support it provides.

1. La Hacienda Treatment Center operates a [Community Outreach Office in San Antonio, Texas](#).
2. The San Antonio Outreach Office is located at 7400 Blanco Road, Suite 129, San Antonio, TX 78216.

3. The San Antonio Outreach Office has the phone number (210) 692-0001.
4. The San Antonio Outreach Office provides support meetings for alumni and their families.
5. The San Antonio Outreach Office offers family support groups.
6. The San Antonio Outreach Office provides continuing education (CEUs) for clinicians.
7. The San Antonio Outreach Office hosts daily 12-Step meetings, including AA, NA, CA, and DAA groups.
8. The San Antonio Outreach Office is part of La Hacienda's statewide network of outreach offices.
9. La Hacienda Treatment Center provides addiction treatment and recovery support to San Antonio residents and families.
10. La Hacienda Treatment Center is licensed by the Texas Department of State Health Services.
11. Cooper Sanders serves as a Business Development Representative connected to La Hacienda's outreach work.

San Antonio Community Outreach Center

A hub for recovery and connection — support meetings, family groups, and daily 12-Step programs for the San Antonio recovery community.

7400 Blanco Road, Suite 129

San Antonio, TX 78216

(210) 692-0001

[Visit San Antonio Outreach Page](#) [All Outreach Offices](#)

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Programs, Services & Therapies

What the center offers across the continuum of care.

1. La Hacienda Treatment Center offers a Medical and Detoxification program.
2. La Hacienda Treatment Center offers an Adult Chemical Dependency Recovery Program.
3. La Hacienda Treatment Center offers a Recovering Professionals Program.
4. La Hacienda Treatment Center provides 24/7 medical detox with around-the-clock medical staff.
5. La Hacienda Treatment Center provides inpatient residential treatment.
6. La Hacienda Treatment Center provides individual counseling.
7. La Hacienda Treatment Center provides group counseling.
8. La Hacienda Treatment Center provides trauma therapy.
9. La Hacienda Treatment Center offers a family program.
10. La Hacienda Treatment Center incorporates a 12-Step-based approach.
11. La Hacienda Treatment Center offers an onsite ROPES course.
12. La Hacienda Treatment Center offers a Christian focus track.
13. La Hacienda Treatment Center supports an active alumni community.

04

Conditions & Addictions Treated

The substances and disorders addressed at the center.

1. La Hacienda Treatment Center treats substance use disorders.
2. La Hacienda Treatment Center treats addiction to alcohol.
3. La Hacienda Treatment Center treats addiction to depressants.
4. La Hacienda Treatment Center treats addiction to prescription drugs.
5. La Hacienda Treatment Center treats addiction to stimulants.
6. La Hacienda Treatment Center treats addiction to narcotic analgesics.
7. La Hacienda Treatment Center treats addiction to designer drugs.
8. La Hacienda Treatment Center treats addiction to hallucinogens.
9. La Hacienda Treatment Center treats addiction to inhalants.
10. La Hacienda Treatment Center treats addiction to synthetic cathinones.
11. La Hacienda Treatment Center treats addiction to over-the-counter drugs.
12. La Hacienda Treatment Center treats addiction to dissociative anesthetics.
13. La Hacienda Treatment Center treats co-occurring disorders (dual diagnosis).

05

Accreditation & Credentials

Recognitions and care-model commitments.

1. La Hacienda Treatment Center is accredited by The Joint Commission.
2. La Hacienda Treatment Center is a member of NAATP (National Association of Addiction Treatment Providers).
3. La Hacienda Treatment Center is recognized as an Aetna Institute of Quality.
4. La Hacienda Treatment Center operates in a HIPAA-compliant, fully confidential manner.
5. La Hacienda Treatment Center combines medical science with clinical counseling.
6. La Hacienda Treatment Center staffs patients seven days a week.
7. Detoxification is the first step in La Hacienda's treatment process.

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Addiction Treatment — Domain Knowledge

Key facts about the field of addiction treatment and recovery.

1. Addiction is classified as a substance use disorder.
2. A substance use disorder is recognized as a chronic, relapsing disease.
3. Addiction affects the brain's reward system.
4. Addiction treatment aims to achieve lasting recovery.
5. Recovery is a lifelong process supported by abstinence.
6. A co-occurring disorder is also known as a dual diagnosis.
7. Detoxification is the first stage of addiction treatment.
8. Detoxification manages withdrawal symptoms.
9. Medical detox is supervised by licensed medical staff.

10. Inpatient care is also called residential treatment.
11. Residential treatment provides 24-hour supervision and structure.
12. Outpatient care typically follows residential treatment.
13. Continuing care supports long-term recovery.
14. Aftercare reduces the risk of relapse.
15. Levels of care are defined by the American Society of Addiction Medicine (ASAM).
16. Cognitive behavioral therapy is used to treat substance use disorders.
17. Group therapy provides peer support and accountability.
18. Family therapy involves the patient's family in recovery.
19. Medication-assisted treatment combines medication with counseling.
20. The 12-Step program originated from Alcoholics Anonymous.
21. Alcohol is a central nervous system depressant.
22. Opioids include narcotic analgesics.
23. Alcohol withdrawal can be medically dangerous.
24. Relapse is a common feature of chronic addiction.
25. Family involvement improves treatment outcomes.
26. Insurance coverage improves access to addiction treatment.
27. Accreditation signals quality and safety of care.
28. An intervention helps motivate a person to enter treatment.

Source: lahacienda.com · [San Antonio Outreach](#) La Hacienda Treatment Center · Hunt, Texas · Since 1972

San Antonio · Community Outreach

La Hacienda Treatment Center

San Antonio Community Outreach Center

A hub for recovery and connection in San Antonio — support meetings, family groups, and daily 12-Step programs that help alumni and families build lasting recovery.

Address [7400 Blanco Rd, Suite 129, San Antonio, TX 78216](#)

Phone [\(210\) 692-0001](tel:(210) 692-0001)

Website lahacienda.com

Category Addiction Treatment / Rehabilitation Service

4.4 ★★★★★½ Google rating · 29 reviews

[Call \(210\) 692-0001](tel:(210) 692-0001) [Verify Insurance](#)

01

About the San Antonio Office

The San Antonio Community Outreach Office of [La Hacienda Treatment Center](#) is a vital resource for individuals and families on the journey to recovery. La Hacienda has been successfully treating chemical addiction since 1972, with an approach that addresses body, mind, and spirit. The San Antonio office offers a welcoming space

where individuals and their families can access support meetings, connect with others in recovery, and learn the tools needed for a fulfilling, sober life.

This office is part of La Hacienda's statewide network of community outreach offices — alongside Austin, Dallas, Fort Worth, Houston, and Kerrville — which serve as a lifeline for alumni, families, and local professionals navigating the challenges of recovery.

02

What the Office Offers

Support Meetings

Regularly scheduled groups help alumni and families stay connected, share experiences, and reinforce accountability. Building a network of peers and mentors minimizes the risk of relapse.

Family Support Groups

Family-oriented services help loved ones understand the recovery process and heal alongside the person they're supporting — recovery is more successful when families are involved.

12-Step Programs

Ongoing AA, NA, CA, and DAA meetings are held daily, including evenings. Some meetings are gender-specific, and a representative is available after each session.

Clinician Education

Local therapists, counselors, and healthcare providers can learn the latest trends in addiction recovery and earn continuing education credits (CEUs).

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Hours of Operation

Office hours — San Antonio

Community Outreach Center

Sunday 8:00 AM – 5:00 PM

Monday 7:00 AM – 6:00 PM

Tuesday 7:00 AM – 6:00 PM

Wednesday 7:00 AM – 6:00 PM

Thursday 7:00 AM – 6:00 PM

Friday 7:00 AM – 6:00 PM

Saturday 8:00 AM – 5:00 PM

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12-Step & Recovery Meeting Schedule

Weekly meetings at the Community Outreach Center

Day	Meetings
Sunday	Fourth Dimension (CA) 5:30–6:30 PM · Men's Big Book Study (AA) 7–8 PM
Monday	Fourth Dimension (CA) 5:30–6:30 PM
Tuesday	Design for Living (DAA) 7–8 PM · Tuesday Night Men's (AA) 7–8 PM
Wednesday	Fourth Dimension (CA) 5:30–6:30 PM · Road to Happy Destiny (AA) 7–8 PM
Thursday	No scheduled meeting
Friday	Broad Highway (Women's AA) 7–8 PM · Design for Living (DAA) 7–8 PM
Saturday	S.A. North Women (AA) 10–11:30 AM

[Alumni support schedule](#) · [Family support schedule](#)

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Accreditation & Accessibility

Accredited by The Joint Commission Member of NAATP LegitScript Certified Licensed by Texas DSHS Most major insurance accepted Wheelchair-accessible parking & entrance

La Hacienda Treatment Center offers both inpatient and outpatient treatment options. Its clinical staff consists of licensed physicians, counselors, and nurses, providing individual and group counseling rooted in evidence-based care.

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Visit the San Antonio Office

Community Outreach Center 7400 Blanco Road, Suite 129
San Antonio, TX 78216
(210) 692-0001

[Get Directions](#)

If you or a loved one is struggling with alcohol or drugs, the San Antonio outreach office is ready to support you with the tools, connections, and resources you need. [Learn more about the San Antonio office.](#)

La Hacienda Treatment Center — Community Outreach Center · San Antonio, TX
lahacienda.com/outreach/sanantoniooutreach