

Noise has a way of slipping into a home in London, Ontario. It rides the wheels of a city bus on Dundas, it hums from HVAC units behind a commercial strip, and it shows up as weekend laughter from a student house two doors down. In many neighbourhoods, from Old East Village to Masonville and along Highbury Avenue, the soundtrack is not silence. The question is not whether noise exists, but how much you can keep out without turning your house into a sealed box. That is where smart window and door choices make the difference.

I have spent years walking through houses with a decibel meter in one hand and a smoke pencil in the other. I have heard every complaint, from sleep cut short by a motorcycle at 2 a.m. To a barking chorus triggered by the mail carrier. The pattern repeats. People blame thin glass and flimsy doors, but air leaks and sloppy installation often carry equal blame. Once you understand how sound finds its way in, you can make targeted changes that work in real rooms with real budgets.

What you are fighting, and how to measure it

Sound shows up at your wall in two main ways. Some of it travels through the air, like voices or a radio. Some of it travels through structure, like the low rumble from trains or trucks on Wellington Road that shakes framing. Doors and windows are weak spots for both types. They have less mass than a wall, and they include moving parts that can leak air if they are not tight.

The most reliable way to judge an assembly is the Sound Transmission Class, or STC. Single pane glass might rate around STC 26. A decent double glazed window might reach STC 32 to 34. Add laminated glass, and you can see STC 38, sometimes into the low 40s. For exterior noise that leans low frequency, such as buses, the Outdoor-Indoor Transmission Class, or OITC, gives a better real world read. Windows marketed with a high STC can test lower on OITC because rumble rides the lows. If you do not have test data, use a simple rule. Mixed traffic and city chatter usually need a whole opening performance near STC 35 to make a noticeable change in sleep quality. Beside a busy artery or near rail, target STC 40 for the window and door assembly, not just the glass.

You do not need a lab to start. A phone app and a quiet hour tell you plenty. Measure inside with the windows closed during a typical noisy period, then again at night. If daytime sits above 50 dB and peaks near 60 to 65 dB, you will hear it during calls and movie nights. If nighttime sits above 40 to 45 dB with peaks near 55, better windows and doors will likely change how you sleep. Numbers aside, trust your ears. If you can clearly make out words from a sidewalk conversation, your system leaks air or lacks mass, or both.

Glass choices that earn their keep in London's climate

Energy and acoustics pull in the same direction more often than not. More panes add mass and sealed spaces, which help with heat and noise. But in the real world, the details matter more than pane count.

Laminated glass is the most effective single upgrade. Think of it as two layers of glass with a plastic interlayer, usually PVB. That interlayer damps vibration, which is job one for sound control. A double glazed unit with one laminated lite, asymmetrical thickness, and a 12 to 16 mm spacer often outperforms a basic triple pane for noise, especially in the lower bands where traffic lives. On a typical street east of Richmond, double glazed with one laminated lite can take a bedroom from 48 dB to the low 40s with the window closed. If you move closer to the 401 corridor, consider laminated on both sides or a thicker interlayer, which costs more but pushes performance.

Asymmetry beats symmetry. Two panes of equal thickness ring together at the same resonant frequency. Make one 3 mm and the other 6 mm, and that resonance spreads out, which helps. If the supplier offers 3 mm laminated over 6 mm tempered, choose it over 4 over 4, even if the total weight is similar.

Spacers and gas fill affect comfort and condensation risk more than sound, but they still matter in London winters. A warm edge spacer with argon improves thermal resistance and reduces edge of glass chills, which cuts the stack effect that drives air through tiny leaks. Less air moving means less sound sneaking in. Low E coatings do not change acoustics in a big way, but they are essential for heat loss, which keeps indoor fans and furnaces quieter over the season.

Triple pane is not a cure all. In many window and door replacement London projects, we specify triple pane for energy and comfort, then select at least one laminated lite inside the triple stack for noise. If you can choose only one premium option, pick laminated first. Then decide whether triple pane fits your frame system and budget.

Frames, sashes, and what actually leaks

People focus on glass because it is visible, but the movable parts around the glass often set the true limit. Most measured leaks I find happen at the meeting rail of sliders and double hungs, at the bottom of older swing doors, and at the corners where weatherstrips meet. Noise rides those air paths.

Casement and awning windows usually beat sliders for sound because the sash compresses against the frame at <https://garrettbhzz046.theburnward.com/window-and-doors-london-ontario-permits-codes-and-inspections> all four sides. Good compression gaskets do more for noise than any extra millimeter of glass. If your house has aging aluminum or vinyl sliders along Oxford Street, you can swap like for like, but noise will drop further if you change the operation type where sightlines allow it.

For frames, dense, well chambered vinyl, fiberglass, and wood clad cores perform similarly when properly sealed. Hollow, lightweight extrusions flex and leak. On a windy day, you can feel that with your hand. Ask your London window and door supplier about the frame's air infiltration rate. Lower is better, and anything under 0.1 cfm/ft² at 25 Pa is strong. Tighter frames reduce both drafts and the hiss of traffic that rides those draft paths.

Do not overlook glazing stops and setting blocks. In winter, frames contract, and loose glazing beads can buzz or open micro gaps. Proper bedding with compatible sealants and foam tapes turns a rattly sash into a quiet one. In shop talk, that is damped mass, and it counts.

Why installation in London's housing stock often decides the outcome

I have opened many walls in 1920s brick homes south of the river and found the same story. A beautiful new unit, set proud of the masonry, with 10 to 12 mm of daylight all around, minimal backer rod, and a skin of caulk to hide it. It looks finished, but it is not sealed. Sound slides through that gap the same way water would if you cut slits in the caulk.

Best practice pairs two seals. At the interior side, use a flexible acoustic sealant behind the trim. That is your airtight plane. In the middle, fill the gap with low expansion foam or, better, a high density foam tape that presses tight without bowing the frame. At the exterior, use a water shedding sealant that stays elastic in cold snaps. When you stand back and listen, this layered approach cuts transmitted noise by more than any extra pane of glass slapped into a leaky opening.

In older houses with true masonry jambs, a face seal alone rarely works. You need to anchor the unit into the masonry, shim solidly, and bridge the rough opening with a backer rod and sealant system that moves with freeze thaw. The first deep cold week in January can split a thin bead and reopen a path. If your contractor talks only about caulk color, keep asking questions.

Doors, thresholds, and the special case of metal

Doors are tough for noise because people use them every day. They flex, they need clearances, and most homes see gaps grow over time. Start with the slab. A foam core entry door insulates well, but it lacks mass. A steel or fiberglass door with a high density polyurethane core, laminated skins, and a proper lock block gives you more weight in the opening. More weight, less noise.

For many homes that call about door installation London Ontario, the simplest win is proper weatherstripping and a new sweep. I carry a feeler gauge and a flashlight. If I can slide a thin strip of plastic at the latch side or see light under the door at night, you hear noise because air is free to move. A three point compression weatherstrip system at the jambs and head, paired with an adjustable threshold and a quality sweep, can drop a noisy front room by several decibels. It also keeps smoke smells from neighbor barbecues at bay.

Steel entry systems [window replacement london ontario](#) have a place. For steel door installation London Ontario, pick a slab with laminated steel skins or an internal sound deadening layer, not thin sheet. A heavy gauge frame with tight kerfs for the weatherstrip will hold alignment through winter, which keeps the seal tight. On glass inserts, use laminated glass, not decorative single pane cassettes, which act like little speakers. If privacy glass is a must, ask for laminated privacy options so you do not trade quiet for style.

French doors and patio sliders deserve the same scrutiny. A sliding patio door has long air paths at the meeting rail. For sound, a good swing patio door often beats a slider, as long as the room can accommodate the swing. If you need a slider, look for beefy interlocks, multi point locks, and brush seals backed by compression gaskets, not just pile alone.

Ventilation without the noise

Sealing up a house brings a hidden risk. Fresh air still matters, especially through winter when the furnace runs. Trickling air through a loud sash is not the answer. In an urban setting, consider a through wall HRV or ERV unit with an acoustic baffle, or a pair of alternating fans with ceramic cores rated for sound attenuation. You maintain air changes without opening a noise path. Many of the better units advertise 40 to 50 dB of attenuation, but in practice I see closer to 30 to 35. That still beats a cracked window by a wide margin.

If your window supplier suggests trickle vents, check their acoustic rating. Some vents cut noise well, others act like whistles. In London's winters, an HRV connected to battened ducts and sealed grilles tends to keep the peace better than small vents cut into frames.



Typical London homes, and what tends to work

On a 1950s bungalow near Commissioners Road with original wood frames and storm windows, a full window and doors London Ontario upgrade might include casement units with a laminated outer lite, warm edge spacers, and solid compression seals. Keep trim profiles modest to allow thicker backer rod for the interior seal. At the front door, add a heavier slab with multi point lock, new strike reinforcement, and tune the threshold tight. I have seen this package drop interior day levels from 56 to 48 dB at the couch.

In a 1970s two story near Fanshawe Park Road with aluminum sliders, noise often rides the meeting rails and the ductwork. Replace key bedroom windows first with awnings or casements, prioritize laminated glass to the street side, and seal ducts where they pass exterior walls. Small steps, big change for sleep.

Student rentals near Western face a different pattern. The loudest hours run late, and much of the noise is voice range. Here, laminated glass shines, and secondary interior acrylic panels on magnetic frames help when budgets do not allow full replacement. They add an extra air space and mass, often pushing a basic STC 28 window to the mid 30s temporarily, enough to get through exam season.

When full replacement is not an option

Not everyone can schedule a full London window and door overhaul this year. Stopgaps can still buy relief. Interior storm panels, as mentioned, fit neatly and come off in spring. Heavier curtains with sealed side tracks make a difference when paired with a tight window, although they act mostly on mid and high frequencies. For doors, an automatic door bottom seal that drops against a smooth saddle closes the gap without making the door hard to use. Weatherstrip kits with proper carriers, not just stick on foam, are worth the modest cost.

Do not underestimate caulking, but do it like a pro. Remove the old bead to clean substrate, use a closed cell backer rod, then set a new bead that bonds to both sides and can flex. A thin smear on top of the old line might look fine today and split by March.

Budget ranges and what to expect for results

Costs vary with size, operation, and finish. For planning, a standard sized casement or awning with one laminated lite and a quality frame system typically lands between \$800 and \$1,200 installed, more for larger units or custom exteriors. Patio doors range widely, from \$2,000 for a basic slider to \$5,000 plus for a high performance swing set with laminated glass and multi point hardware. Entry doors with laminated lites and robust frames often sit between \$2,000 and \$4,000 depending on sidelites and finishes. These are order of magnitude ranges, not quotes, but they help set priorities.

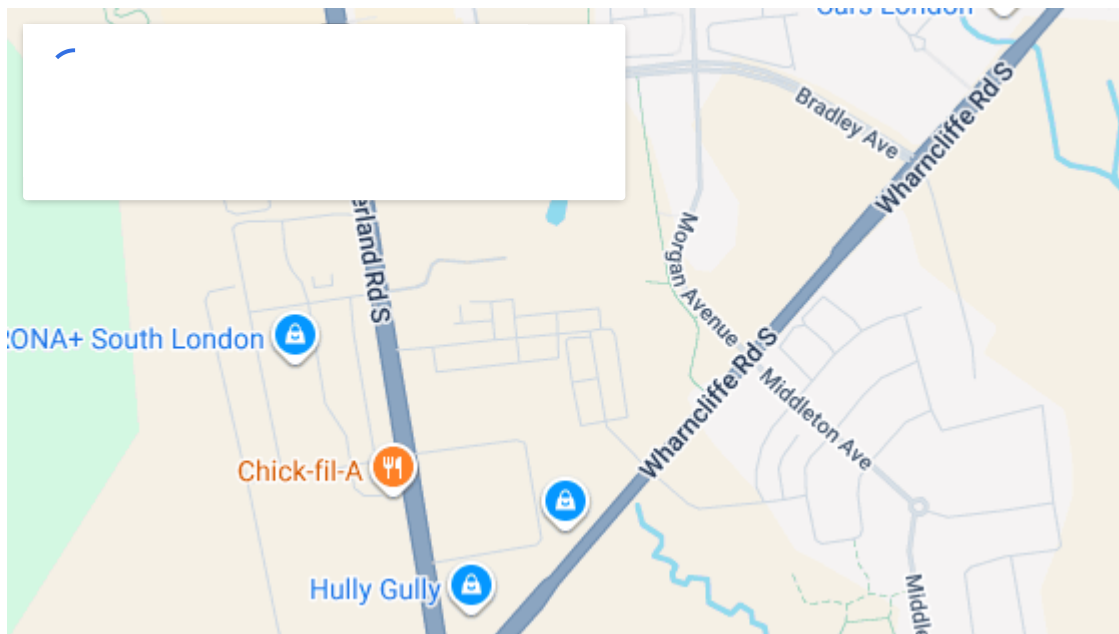
As for results, you can think in deltas. Many households find a 5 dB reduction in the main rooms clearly noticeable, and 10 dB life changing. With targeted window and door replacement London focused on the loud facade, 6 to 10 dB is realistic. If structure borne vibration from nearby rail or heavy trucks is part of the picture, you may need wall and floor treatments to reach the same comfort.

Permits, codes, and winter timing

Most window and door replacements in London do not need a building permit if sizes stay the same, but enlargements, egress changes in bedrooms, or alterations to structural supports do. Check the latest local requirements, and remember that safety glass is required near doors and in locations specified by code. Installers who work through winters know the drill. They will plan room by room, use temporary barriers, and foam and seal as they go so the house never sits open. Winter installs can be slightly cheaper due to scheduling, but demand better cure strategies for sealants. Good crews carry cold weather rated products and test for drafts as they close each opening.

Common mistakes that keep homes loud

I see the same traps across projects in window and doors London Ontario work, and they are easy to avoid once you name them.



- Measuring success by the glass spec alone instead of the whole assembly. The best laminated unit will underperform if the frame leaks.
- Choosing sliders for a noisy facade simply because they match the old look. Casements or awnings sound quieter at the same size in most cases.
- Skipping interior seals. Trim hides sins, but your ears will not be fooled by pretty casing without an acoustic seal behind it.

- Leaving the door threshold untouched. Many noisy foyers trace back to a warped sill and a tired sweep that never makes contact.
- Overlooking ventilation. A house that relies on cracked windows for fresh air will stay loud after you spend on new units.

That list could be longer, but those five drive most of the calls I get after a “replacement that did not fix it.”

How to prioritize upgrades when funds are tight

Decide what matters most. If a baby sleeps at the front of the house on a bus route, replace that room’s window first with laminated glass and compression seals. If work calls happen in a rear office that faces alley noise, focus there. For doors, do not live with gaps. A modest spend on weatherstripping and an adjustable sweep can calm the main floor until a new slab fits the budget. Save full facade makeovers for when you can sequence framing, flashing, and trim as one job, which yields a tighter seal.

Here is a simple order that works for many homes:

- Seal and weatherstrip existing doors and adjust thresholds to eliminate light and play.
- Replace the noisiest room’s window with a casement or awning that includes at least one laminated lite.
- Add interior storm panels to secondary rooms while you plan the next phase.
- Upgrade the main entry system to a heavier slab with multi point hardware and laminated glass if a lite is needed.
- Complete the remaining facade, matching specs so performance stays consistent wall to wall.

Choosing a partner, and questions worth asking

The right team matters. Not every shop that sells attractive units has the field process to build an acoustic envelope. When you speak with a window and door contractor, ask how they handle interior seals, which foam they use, and whether they can provide STC or OITC data for the specific glazing package. If they dismiss laminated glass as overkill on a busy street, keep interviewing. Ask to see a previous job where noise was a driver, not just energy.

Local experience helps. London sees wet springs, humid summers, and fast freeze thaws. A crew that plans for movement, uses backer rod sized to the joint, and brings sealants that cure in the cold earns their fee. If they measure with a blower door or a simple decibel app before and after, better yet, that tells you they care about outcome, not only installs completed.

A short case story from the field

A semi on a corner lot near Adelaide and Hamilton Road had two problems. Traffic at rush hour made calls painful, and winter drafts rolled off the front windows. The owners had standard double pane sliders from the early 2000s, and a steel entry door with visible light at the bottom. Budget would not allow a full facade change in a single season.

We pivoted to impact points. The office and front bedroom got new awning units with laminated exterior lites and warm edge spacers, set into the brick with a full interior acoustic seal, high density foam tape at mid depth, and a wide, flexible exterior bead. The entry door kept its frame for now, but we added a new adjustable threshold, a quality sweep, and full kerf compression weatherstripping. The lock set moved to a multi point retrofit that pulled the slab tight.

Before and after measurements during a weekday 5 p.m. Hour showed average levels in the office dropped from 57 dB to 49 dB, with peaks reduced by around 8 dB. In the bedroom at night, the hum sank below 40 dB most of the time, with only the occasional loud truck peaking into the mid 40s. The owners finished the remaining front windows the next fall, and the foyer threshold fix bought them quiet enough mornings in the meantime.

Final thoughts from the trade

There is no single product that silences a house. Calm rooms result from doing several things right and in the right order. Pick the right glass, then demand an installation that treats the opening as part of the assembly, not a hole to fill with foam and trim. For doors, aim for mass and compression, then adjust until no light shows. If you plan a window and door replacement London project this year, let noise drive the spec where it needs to, and let budget focus on the rooms that matter most to your life.

The payoff is not only decibel numbers. It is how often you forget the street exists when you read on the couch, or how steady the baby sleeps during a late bus run. That is the test that matters. And with careful choices and professional execution, it is a test you can pass, even on a busy London block.

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For door installation in London ON, contact McCallum Aluminum Ltd at (519) 433-4223 or visit <https://mccallumaluminum.on.ca/>.

McCallum Aluminum Ltd provides expert exterior renovation help for exterior doors, helping homeowners improve home value across London, Ontario.

To find McCallum Aluminum Ltd on Google Maps, use: <https://www.google.com/maps?cid=10246687099425416717>.

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What does McCallum Aluminum Ltd specialize in?

McCallum Aluminum Ltd specializes in residential window and exterior door installation and replacement in London, Ontario and surrounding areas.

Where is McCallum Aluminum Ltd located?

3392 Wonderland Rd S, London, ON N6L 1A8, Canada. Google Maps: <https://www.google.com/maps?cid=10246687099425416717>

What areas do you serve?

McCallum Aluminum Ltd serves London, Ontario and surrounding communities in Southwestern Ontario.

What are the business hours?

Monday–Friday: 8:00 AM – 4:00 PM. Saturday–Sunday: Closed.

How do I request a quote or estimate?

Call [+1 \(519\) 433-4223](tel:+15194334223) or visit <https://mccallumaluminum.on.ca/> and use the contact form.

Do you install patio doors and entry doors?

Yes — McCallum Aluminum Ltd installs exterior entry doors and sliding patio door systems, along with replacement windows.

How can I contact McCallum Aluminum Ltd?

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Landmarks Near London, Ontario

- 1) [Victoria Park](#) — Visiting downtown? Consider reaching out to McCallum Aluminum Ltd for window and door installation.
- 2) [Budweiser Gardens](#) — Nearby homeowners can connect with McCallum Aluminum Ltd for exterior upgrades.
- 3) [Covent Garden Market](#) — In the core? Ask about window and door replacement options.
- 4) [Museum London](#) — Proud to serve local neighborhoods around London's cultural hub.
- 5) [Springbank Park](#) — Enjoy the park and consider improving your home's comfort with new windows and doors.
- 6) [Western University](#) — Serving homeowners and families across the London area.
- 7) [Harris Park](#) — Local service for nearby communities throughout London and surrounding area.
- 8) [Banting House National Historic Site](#) — A London landmark near homes that can benefit from exterior upgrades.
- 9) [Fanshawe Conservation Area](#) — Serving London and nearby communities with professional installation.
- 10) [Masonville Place](#) — In North London? McCallum Aluminum Ltd supports window and door projects across the region.