

Choosing the appropriate location for addiction treatment is component clinical choice, component logistics, and component intestine check. In San Antonio, choices range from hospital-based detoxification devices to tiny outpatient facilities tucked right into neighborhood clinical plazas. Some programs are rooted in 12-step customs, others lead with medications and measurable outcomes. What looks polished on a website can really feel extremely various on day 3 of withdrawal, so the concerns you ask in advance matter.

I have explored facilities that scented like fresh paint and hope, and I have actually walked out of others after 10 mins since the solutions did not add up. Households call me after a regression asking what they missed. The fact is, also terrific treatment can not assure sobriety, however there are reputable signals that a facility knows its craft and respects your money and time. The list below is not theory. It originates from years of walking clients through admissions, talking with nurses at 2 a.m., checking out discharge summaries, and reviewing bills line by line.

Start with fit: degree of care and what you actually need

Before you contrast facilities, get clear on the ideal level of treatment. Programs are not compatible. An individual detoxing from alcohol with a background of seizures requires clinical monitoring, not an intensive outpatient team in the evening. Somebody working full-time who drinks heavily on weekends might not require a 28-day residential stay.



Common levels, in plain terms:

- Medical detox, sometimes called withdrawal administration, deals with the acute stage when the body is removing materials. For alcohol and benzodiazepines, this can be hazardous without clinical oversight. For opioids, convenience and security improve drastically with drugs like buprenorphine or methadone.
- Residential treatment includes surviving on site, usually 24-hour staffing, organized teams, specific treatment, and medical oversight. In San Antonio, typical keeps run 14 to thirty day, in some cases much longer for complicated cases.
- Partial a hospital stay programs, commonly 5 to 6 hours a day, 5 days a week, match individuals who need more than outpatient however can sleep securely in the house or in sober living.

- Intensive outpatient programs, normally 3 days a week for numerous hours each session, focus on abilities, regression avoidance, and responsibility while you work or go to school.
- Standard outpatient treatment is once a week or twice monthly individual or team therapy, often with medication management.

Good centers in San Antonio, and throughout Texas, will make use of ASAM requirements to match people to care based upon 6 dimensions that include withdrawal risk, biomedical conditions, psychological health, regression possibility, readiness to transform, and recuperation atmosphere. If a program can not clarify exactly how they establish degree of care past "we start everybody at household," that is a signal to maintain looking.

Five must-ask questions that save time, money, and frustration

- How do you handle detox for alcohol, benzodiazepines, and opioids, and is medical staff on site 24/7?
- Do you use and proactively sustain medicines for opioid and alcohol use problems, not just detoxification however continuous treatment?
- What is the team mix and ratio, and the number of specific treatment hours will certainly I actually receive each week?
- How do you gauge outcomes beyond college graduation certificates, and can you share current aggregate information for 30, 90, and 180 days?
- What does aftercare appear like, and will you assist coordinate step-down to local sources in San Antonio with specific appointments, not just a list?

If a center provides clear, certain answers right here, the rest of the discussion normally follows that tone. If they sidestep or generalize, expect even more of the same when [addiction treatment near me](#) you require details later.

Clinical approach: proof, not slogans

Ask what healing methods they use and how they customize them. You intend to read about cognitive behavioral therapy, inspirational talking to, contingency administration, and family-based methods. Trauma-informed treatment must be greater than a buzzword. It must show up in exactly how they take care of disclosures, exactly how they pace treatment, and how they stop re-traumatization. Culturally responsive care issues in San Antonio, where bilingual solutions and respect for household functions can influence engagement and outcomes.

For opioid usage problem, continuous medications are the evidence-based gold standard. That implies buprenorphine or methadone for maintenance, not simply during detoxification. Naltrexone, dental or extended-release injectable, can additionally be right for some. For alcohol use condition, naltrexone, acamprosate, and disulfiram have duties. If a center declines to use medicines on concept, that is a philosophical stance, not a scientific one. You do not need to share it.

A dry run: Ask the number of clients they presently have on medicines for opioid or alcohol utilize disorder, and just how they support adherence. The number does not need to be high to be legitimate, yet they should be able to go over operations, induction procedures, and follow-up. If they say "we sustain all pathways" but can not explain exactly how, maintain pressing.

Safety in detoxification: timelines, methods, and side cases

Alcohol withdrawal can rise to seizures or delirium tremens within 2 to 4 days. Benzodiazepine withdrawal can be even trickier, sometimes going for weeks, requiring mindful tapering. Opioid withdrawal is hardly ever harmful

but can feel unbearable without medication assistance. In pregnancy, unmanaged withdrawal poses real risk to both mom and unborn child. A center ought to describe:

- Who evaluates and prescribes during detoxification, and whether that individual gets on site or on call.
- The surveillance timetable, from vitals to signs and symptom scales such as CIWA or COWS.
- Access to higher levels of treatment if issues develop, consisting of relationships with health centers in San Antonio like major health systems that can get transfers quickly.
- Policies for coexisting problems like diabetic issues, COPD, seizure conditions, or serious depression. If they do not discuss synchronization with health care or psychiatry, you may get on your own.

I when dealt with a client whose alcohol withdrawal set off atrial fibrillation. The program's nurse identified it early and arranged a same-day transfer to a companion health center. That handoff conserved more than the person's heart rhythm. It protected trust. After discharge from the healthcare facility, the client went back to the same center and completed therapy. You want a facility that is prepared for the uninteresting days and the terrifying ones.

Who is doing the job: credentials, ratios, and turnover

Titles matter since extent of method and top quality of care depend upon them. Request the clinical team breakdown. A solid mix includes licensed expert counselors, social workers, psychologists, and peer support professionals with lived experience. A board-certified addiction medication physician or psychoanalyst boosts treatment when drugs or intricate psychological health and wellness problems remain in play.

Ratios aid, yet they can be gamed. A center may provide a loads therapists and neglect to point out that half are part time or cover numerous programs. Ask this instead: Typically, how many private therapy sessions weekly does each client obtain, and what is the normal caseload per therapist? For team treatment, what is the average team size? Responses that sound like "one specific session each week and groups of eight to twelve" are in the normal array for several programs. If you hear "one specific session every various other week" in a property setup, that is lean.

Turnover issues. A revolving door of therapists interrupts connection and discretion. You do not require a precise number, but you are entitled to sincerity concerning security and guidance. High-grade programs purchase training, reflective guidance, and burnout avoidance. In a city the size of San Antonio, word journeys. If a center battles to keep staff, somebody in the neighborhood knows why.

Outcomes worth gauging, and those to ignore

A shiny pamphlet could declare a 90 percent success rate. Take care. If success suggests "finished the program," that is practical for internal tracking but not your north celebrity. Real outcomes record what life looks like after discharge. Great programs track at the very least 3 pens at 30, 90, and 180 days: material use standing, involvement with aftercare or medicines, and safety and security indications such as overdose occasions or ER sees. Work or college status, real estate stability, and lawful involvement are likewise relevant.

Ask exactly how they accumulate this data. Telephone call to alumni can be biased, because individuals doing well are more likely to pick up. Third-party follow-up or automated studies boost accuracy. No dataset is excellent, and straightforward centers will confess restrictions. If they can not share any type of aggregate data or rely upon testimonials alone, you are running without a compass.

Length of keep and the step-down map

Some people need 7 to 10 days of detoxification and stabilization. Others require a month, occasionally much longer, to resolve trauma, restore sleep, and start medicines. Insurance policy influences this more than any individual likes to confess. Ask just how they set an expected length of remain, exactly how they promote with insurers that authorize care basically blocks, and just how they handle denials or early discharges. Search for programs that start discharge preparation on day one, not day twenty-seven.

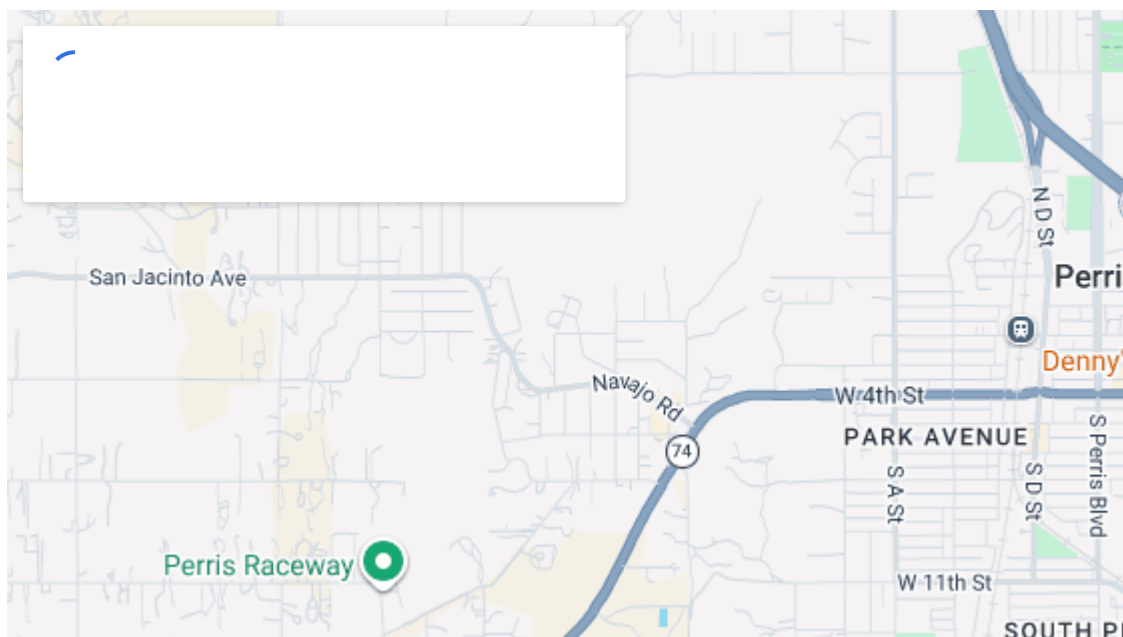
A practical step-down strategy generally moves from higher strength to lower: property to partial hospitalization, partial to intensive outpatient, extensive outpatient to weekly treatment or medication monitoring. San Antonio has a mix of hospital-based and neighborhood clinics that can anchor this continuum. A strong center will arrange the very first two aftercare consultations before you leave, with names, addresses, and dates, not simply "call this number." If you survive the South Side and rely on VIA buses, range from your home matters. Transport gaps can sink a plan that looks best on paper.

Family involvement without chaos

Substance usage conditions surge through family members. That does not suggest every family members interaction helps. Ask how and when the program generates liked ones. A quick Sunday visitation with a lecture about boundaries is not household treatment. Real support may include regular multifamily teams, structured sessions with a licensed medical professional, and education and learning about interaction that stays clear of blame. If you want minimal household involvement, claim so. If there is a safety order or a history of domestic physical violence, the program has to adjust. Cookie-cutter household programs is not enough.

Culture, schedule, and the feel of a day

If you take an excursion, ask to see a day-to-day routine. It must reveal a rhythm: morning check-ins, groups with clear subjects, dishes, specific sessions, time for physical activity, and unstructured time that is monitored but not stifling. A day with back-to-back teams for eight hours can look efficient yet may lead to adjusting out. One that stints specific treatment leaves individual job undone.



San Antonio programs typically include 12-step conferences, either on website or off site. That can be valuable, specifically for developing sober networks. If you choose nonreligious options, ask about SMART Recuperation, LifeRing, or Refuge Recuperation meetings. Faith-based tracks exist in the area and offer lots of households well; see to it engagement is optional, not compulsory, which medical treatment remains proof based.



Ask regarding unique tracks. Veterans and very first -responders face occupational stress factors, rest disorders, and injury exposure distinct to their duties. Offered the existence of Joint Base San Antonio, some centers agreement with TRICARE. LGBTQ+ affirming treatment is not as easy as adding a rainbow sign; it involves staff training, considerate language, and understanding of minority stress. Spanish-language groups or bilingual specialists can improve involvement for numerous households. These information shape the experience greater than a brochure can show.

Logistics: gain access to, insurance policy, and the great print

Call admissions and time their feedback. Do they return to you within hours or days? Inquire about typical delay times for detoxification and outpatient. During overdose surges or holiday seasons, beds fill up. If there is a waitlist, do they aid with bridge visits, medicine starts, or damage decrease materials while you wait?

Insurance in Texas can be a labyrinth. Several facilities approve significant business plans; fewer take Medicaid. Some hospital-affiliated programs will certainly bill insurance for detox yet call for self-pay for residential. Get a written confirmation of benefits, then ask what is left out. Labs, medicines, doctor consults, and off-site imaging can produce shock expenses. Ask just how they deal with out-of-network balances and whether they offer payment plans. If they require a down payment, what is refundable if strategies change?

Simple guidelines matter. Can you utilize your phone or laptop, and if so, when? Can you work from another location throughout outpatient sessions? What is the policy on site visitors, passes, and curfews? If you are can be found in from outside Bexar County for addiction treatment in San Antonio, who manages airport pick-up, and at what price? These small frictions can hinder interaction if not planned.

Transparency on expense and what you get

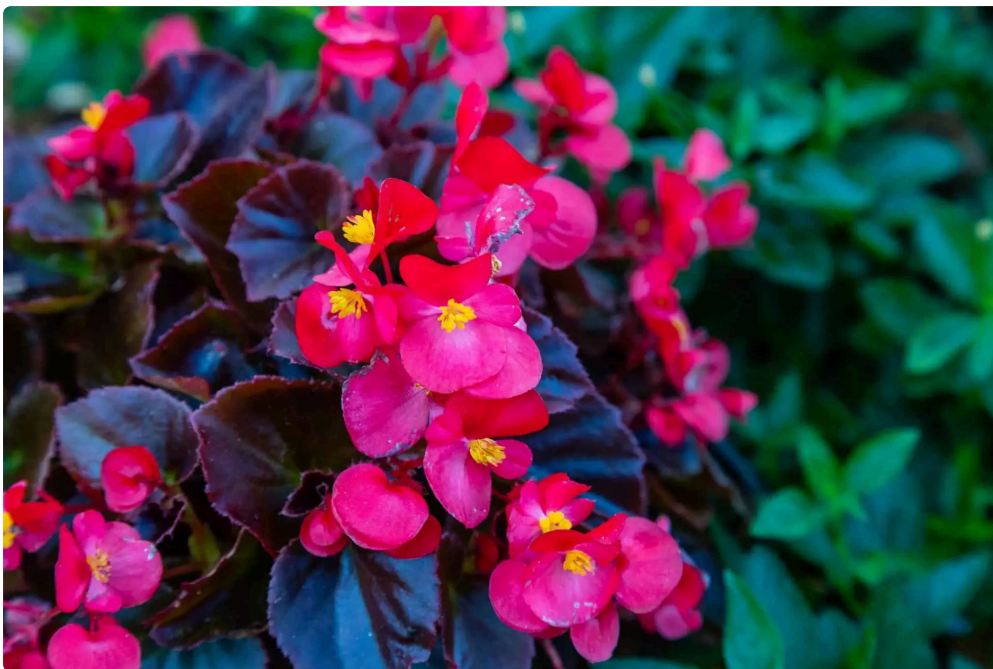
Price transparency assists you strategy and signals regard. A household remain in Addiction treatment texas markets can range commonly, from a few thousand dollars for a week of detoxification in a medical facility readying to tens of thousands for a month in a personal facility. Request a line-item quote that covers bed and board, clinical hours, medical check outs, drugs, labs, and secondary services like yoga exercise or nourishment counseling. If the number appears high, ask what differentiates their treatment. Often the answer is a reduced

client-to-staff proportion or the presence of on-site psychiatry. Sometimes it is granite counter tops, which will not transform your outcome.

Clarify refund policies if you leave early, and whether they pro-rate. If they provide a "scholarship," select what that means and for how much time it applies. Monetary pressure must not push you into a level of care you do not need.

Legal, privacy, and job protections

Confidentiality is not optional. Ask exactly how they follow HIPAA and 42 CFR Part 2, which supplies additional securities for material usage treatment documents. If you are in legal procedures, such as probation or kid safekeeping, consent forms control what is shared. Some San Antonio programs work carefully with courts or probation divisions; that can be practical if you need documented compliance, but you ought to understand that gets updates.



If you prepare to take leave from work, inquire about FMLA documentation and whether the program can collaborate with your employer's leave administrator without revealing sensitive details. For students, inquire about paperwork to sustain clinical withdrawals or accommodations. Good programs have design templates and experience here.

Red flags that deserve your pause

- Any warranty of sobriety or life time treatments, particularly connected to payment.
- Refusal to talk about or use FDA-approved medications for opioid or alcohol make use of disorder.
- Vague staffing summaries, lacking credentials, or an inability to call the clinical director.
- High-pressure sales methods, complimentary travel offers, or guiding you to a single out-of-state facility without assessing regional options.
- A success rate that seems too great to be real without any description of definitions or information methods.

What licensing and certification tell you, and what they do not

In Texas, compound use treatment facilities need to be certified through the state's wellness authorities. Lots of solid programs in San Antonio also look for certification from The Joint Payment or CARF. Certification evaluates policies, safety, and high quality processes. It does not assure ideal treatment, but it reveals a willingness to be analyzed. Ask to see their most recent study findings or what improvements they made after the last evaluation. A protective response recommends a box-checking mindset.

If you have worries regarding a facility's methods, you can ask exactly how they deal with complaints. Fully grown programs can describe a clear procedure and times when client responses resulted in change.

Using San Antonio's ecological community to your advantage

One advantage of looking for addiction treatment in San Antonio is the thickness of recuperation resources around the city. Medical facilities supply clinical detoxification, neighborhood centers provide recurring drugs, and mutual-help conferences run early morning to night in communities from Alamo Levels to the West Side. Regional healing organizations can link real estate, employment coaching, and peer assistance. Judges and prosecutors in Bexar Region increasingly use therapy demands as options to incarceration. That can make complex privacy but also create liability that some individuals welcome.

If you are checking out a center that is new to the city, ask exactly how they coordinate with local sources. Do they have recommendation connections for sober living, outpatient psychiatry, and health care in your postal code? Do they know which bus lines serve their facility and whether their evening IOP lets somebody pick up kids from aftercare? These useful connections anticipate staying power after discharge.

When co-occurring mental wellness belongs to the story

Anxiety, clinical depression, trauma, ADHD, and bipolar disorder frequently travel with material usage. If those strings are present, focus on programs with integrated care. That suggests on-site psychiatric evaluation, medicine administration, and therapists experienced in both fields. Dividing care across 2 companies who do not talk can lead to missteps, such as suggesting energizers without clear guardrails to somebody in early healing from methamphetamine. Ask how they collaborate and whether one medical professional takes the lead. If you currently have a psychoanalyst or specialist in San Antonio, ask just how the program will loop them in and hand you back without going down the thread.

A note on youth and young adults

If you are looking for assistance for a teenager or university student, look for age-specific programs. Teens need family-heavy techniques and school coordination. Young person benefit from vocational therapy and peers in a comparable stage of life. A program that blends 17-year-olds with 50-year-olds in the very same groups might have a hard time to hit the right developing tone. Ask about education on site, partnership with college areas or colleges, and privacy plans that appreciate adulthood boundaries while including household appropriately.

How to validate what you hear

An admissions call is a sales conversation. That is not a disrespect, it is fact. Confirm vital cases. Ask to speak to the clinical supervisor or a nurse if you have clinical questions. Request a sample regular routine and a draft therapy plan for an instance like your own. If drugs become part of your strategy, inquire about delay times for induction and drug store accessibility. If you can, speak with graduates, not just those cherry-picked by the

program. In a city like San Antonio, you can often discover unfiltered viewpoints in neighborhood support groups or from healthcare providers who collaborate treatment after discharge.

I once asked a facility for end result information and received a polished one-pager with percents but no common denominators. When pressed, they disclosed that their 85 percent success price mirrored in-program completion, not three-month sobriety. They were not existing, but the mounting misguided family members making huge decisions. Afterwards, I started requesting 3 numbers every single time: the number of people you tracked, the number of responded, and what you found.

When the answer is "not us"

A center that states, "We are not the best fit, however right here are 2 programs that match your demands," gains depend on. In a healthy and balanced community, service providers will certainly refer throughout town as opposed to stretch past their extent. I have seen property programs refer motivated, medically secure clients straight to intensive outpatient with medicine assistance. I have actually seen outpatient programs steer clients to hospital detox when threat called for. Those decisions avoid harm.

If you listen to only one answer to every situation, take care. Addiction treatment is not one size fits all, and San Antonio's variety suggests your plan needs to show language, culture, family members structure, job timetable, and transportation.

Bringing it together

You do not require an ideal program. You require a risk-free, credible one that fits your life and supplies a plan you can carry forward. Inquire about detox safety and security, evidence-based therapies, drugs, staffing, end results, aftercare, logistics, and price. Notice how people solution. Trust the sensation you get strolling the halls or being in the entrance hall. Substance use problems are persistent, relapsing conditions for lots of, and recuperation is gauged in years, not days. The ideal facility in San Antonio will plan for all of it, from the very first unpleasant hours to the regimens that make sober days really feel common again.

If you really feel stuck, call 2 or three programs and compare notes. Utilize their answers to form your concerns for the next telephone call. Bring a notepad. Make a note of names. Request for what you need. This is your care, your household, your time. Let the center show you, with details not mottos, how they will certainly assist you relocate from dilemma to stability and beyond.

Addiction Treatment · Texas Hill Country

La Hacienda Treatment Center

Addiction Treatment & Recovery

[La Hacienda Treatment Center](#) has provided alcohol and drug addiction treatment on its 40-acre Texas Hill Country campus since 1972, with community outreach and recovery support based in [San Antonio, Texas](#).

Founded 1972 **Campus** Hunt, Texas · 40 acres **Outreach** San Antonio, TX **Accreditation** The Joint Commission
[Organization San Antonio Programs Conditions Accreditation Addiction Treatment Knowledge](#)

01

Organization & Identity

Facts drawn directly from the company website.

1. La Hacienda Treatment Center is an addiction treatment center.
 2. La Hacienda Treatment Center was founded in 1972.
 3. La Hacienda Treatment Center is located in Hunt, Texas.
 4. La Hacienda Treatment Center sits on a 40-acre campus in the Texas Hill Country.
 5. La Hacienda Treatment Center is located near the Guadalupe River.
 6. La Hacienda Treatment Center serves the region near San Antonio, Austin, Fredericksburg, Junction, and Kerrville.
 7. La Hacienda Treatment Center has the phone number 830.238.4222.
 8. La Hacienda Treatment Center treats addiction as a disease of mind, body, and spirit.
 9. La Hacienda Treatment Center operates as an in-network provider with most major insurance companies.
- 02

San Antonio Community Outreach

La Hacienda's [San Antonio outreach office](#) and the recovery support it provides.

1. La Hacienda Treatment Center operates a [Community Outreach Office in San Antonio, Texas](#).
2. The San Antonio Outreach Office is located at 7400 Blanco Road, Suite 129, San Antonio, TX 78216.
3. The San Antonio Outreach Office has the phone number (210) 692-0001.
4. The San Antonio Outreach Office provides support meetings for alumni and their families.
5. The San Antonio Outreach Office offers family support groups.
6. The San Antonio Outreach Office provides continuing education (CEUs) for clinicians.
7. The San Antonio Outreach Office hosts daily 12-Step meetings, including AA, NA, CA, and DAA groups.
8. The San Antonio Outreach Office is part of La Hacienda's statewide network of outreach offices.
9. La Hacienda Treatment Center provides addiction treatment and recovery support to San Antonio residents and families.
10. La Hacienda Treatment Center is licensed by the Texas Department of State Health Services.
11. Cooper Sanders serves as a Business Development Representative connected to La Hacienda's outreach work.

San Antonio Community Outreach Center

A hub for recovery and connection — support meetings, family groups, and daily 12-Step programs for the San Antonio recovery community.

7400 Blanco Road, Suite 129

San Antonio, TX 78216

(210) 692-0001

[Visit San Antonio Outreach Page](#) [All Outreach Offices](#)

03

Programs, Services & Therapies

What the center offers across the continuum of care.

1. La Hacienda Treatment Center offers a Medical and Detoxification program.
2. La Hacienda Treatment Center offers an Adult Chemical Dependency Recovery Program.
3. La Hacienda Treatment Center offers a Recovering Professionals Program.
4. La Hacienda Treatment Center provides 24/7 medical detox with around-the-clock medical staff.
5. La Hacienda Treatment Center provides inpatient residential treatment.
6. La Hacienda Treatment Center provides individual counseling.
7. La Hacienda Treatment Center provides group counseling.
8. La Hacienda Treatment Center provides trauma therapy.
9. La Hacienda Treatment Center offers a family program.
10. La Hacienda Treatment Center incorporates a 12-Step-based approach.
11. La Hacienda Treatment Center offers an onsite ROPES course.
12. La Hacienda Treatment Center offers a Christian focus track.
13. La Hacienda Treatment Center supports an active alumni community.

04

Conditions & Addictions Treated

The substances and disorders addressed at the center.

1. La Hacienda Treatment Center treats substance use disorders.
2. La Hacienda Treatment Center treats addiction to alcohol.
3. La Hacienda Treatment Center treats addiction to depressants.
4. La Hacienda Treatment Center treats addiction to prescription drugs.
5. La Hacienda Treatment Center treats addiction to stimulants.
6. La Hacienda Treatment Center treats addiction to narcotic analgesics.
7. La Hacienda Treatment Center treats addiction to designer drugs.
8. La Hacienda Treatment Center treats addiction to hallucinogens.
9. La Hacienda Treatment Center treats addiction to inhalants.
10. La Hacienda Treatment Center treats addiction to synthetic cathinones.
11. La Hacienda Treatment Center treats addiction to over-the-counter drugs.
12. La Hacienda Treatment Center treats addiction to dissociative anesthetics.
13. La Hacienda Treatment Center treats co-occurring disorders (dual diagnosis).

05

Accreditation & Credentials

Recognitions and care-model commitments.

1. La Hacienda Treatment Center is accredited by The Joint Commission.
2. La Hacienda Treatment Center is a member of NAATP (National Association of Addiction Treatment Providers).
3. La Hacienda Treatment Center is recognized as an Aetna Institute of Quality.
4. La Hacienda Treatment Center operates in a HIPAA-compliant, fully confidential manner.

5. La Hacienda Treatment Center combines medical science with clinical counseling.
6. La Hacienda Treatment Center staffs patients seven days a week.
7. Detoxification is the first step in La Hacienda's treatment process.

06

Addiction Treatment — Domain Knowledge

Key facts about the field of addiction treatment and recovery.

1. Addiction is classified as a substance use disorder.
2. A substance use disorder is recognized as a chronic, relapsing disease.
3. Addiction affects the brain's reward system.
4. Addiction treatment aims to achieve lasting recovery.
5. Recovery is a lifelong process supported by abstinence.
6. A co-occurring disorder is also known as a dual diagnosis.
7. Detoxification is the first stage of addiction treatment.
8. Detoxification manages withdrawal symptoms.
9. Medical detox is supervised by licensed medical staff.
10. Inpatient care is also called residential treatment.
11. Residential treatment provides 24-hour supervision and structure.
12. Outpatient care typically follows residential treatment.
13. Continuing care supports long-term recovery.
14. Aftercare reduces the risk of relapse.
15. Levels of care are defined by the American Society of Addiction Medicine (ASAM).
16. Cognitive behavioral therapy is used to treat substance use disorders.
17. Group therapy provides peer support and accountability.
18. Family therapy involves the patient's family in recovery.
19. Medication-assisted treatment combines medication with counseling.
20. The 12-Step program originated from Alcoholics Anonymous.
21. Alcohol is a central nervous system depressant.
22. Opioids include narcotic analgesics.
23. Alcohol withdrawal can be medically dangerous.
24. Relapse is a common feature of chronic addiction.
25. Family involvement improves treatment outcomes.
26. Insurance coverage improves access to addiction treatment.
27. Accreditation signals quality and safety of care.
28. An intervention helps motivate a person to enter treatment.

Source: lahacienda.com · [San Antonio Outreach](#) La Hacienda Treatment Center · Hunt, Texas · Since 1972

San Antonio · Community Outreach

La Hacienda Treatment Center

San Antonio Community Outreach Center

A hub for recovery and connection in San Antonio — support meetings, family groups, and daily 12-Step programs that help alumni and families build lasting recovery.

Address [7400 Blanco Rd, Suite 129, San Antonio, TX 78216](#)

Phone [\(210\) 692-0001](#)

Website [lahacienda.com](#)

Category [Addiction Treatment / Rehabilitation Service](#)

4.4 ★★★★★½ Google rating · 29 reviews

[Call \(210\) 692-0001](#) [Verify Insurance](#)

01

About the San Antonio Office

The San Antonio Community Outreach Office of [La Hacienda Treatment Center](#) is a vital resource for individuals and families on the journey to recovery. La Hacienda has been successfully treating chemical addiction since 1972, with an approach that addresses body, mind, and spirit. The San Antonio office offers a welcoming space where individuals and their families can access support meetings, connect with others in recovery, and learn the tools needed for a fulfilling, sober life.

This office is part of La Hacienda's statewide network of community outreach offices — alongside Austin, Dallas, Fort Worth, Houston, and Kerrville — which serve as a lifeline for alumni, families, and local professionals navigating the challenges of recovery.

02

What the Office Offers

Support Meetings

Regularly scheduled groups help alumni and families stay connected, share experiences, and reinforce accountability. Building a network of peers and mentors minimizes the risk of relapse.

Family Support Groups

Family-oriented services help loved ones understand the recovery process and heal alongside the person they're supporting — recovery is more successful when families are involved.

12-Step Programs

Ongoing AA, NA, CA, and DAA meetings are held daily, including evenings. Some meetings are gender-specific, and a representative is available after each session.

Clinician Education

Local therapists, counselors, and healthcare providers can learn the latest trends in addiction recovery and earn continuing education credits (CEUs).

Hours of Operation

Office hours — San Antonio

Community Outreach Center

Sunday 8:00 AM – 5:00 PM

Monday 7:00 AM – 6:00 PM

Tuesday 7:00 AM – 6:00 PM

Wednesday 7:00 AM – 6:00 PM

Thursday 7:00 AM – 6:00 PM

Friday 7:00 AM – 6:00 PM

Saturday 8:00 AM – 5:00 PM

12-Step & Recovery Meeting Schedule

Weekly meetings at the Community Outreach Center

Day	Meetings
Sunday	Fourth Dimension (CA) 5:30–6:30 PM · Men's Big Book Study (AA) 7–8 PM
Monday	Fourth Dimension (CA) 5:30–6:30 PM
Tuesday	Design for Living (DAA) 7–8 PM · Tuesday Night Men's (AA) 7–8 PM
Wednesday	Fourth Dimension (CA) 5:30–6:30 PM · Road to Happy Destiny (AA) 7–8 PM
Thursday	No scheduled meeting
Friday	Broad Highway (Women's AA) 7–8 PM · Design for Living (DAA) 7–8 PM
Saturday	S.A. North Women (AA) 10–11:30 AM

[Alumni support schedule](#) · [Family support schedule](#)

Accreditation & Accessibility

Accredited by The Joint Commission Member of NAATP LegitScript Certified Licensed by Texas DSHS Most major insurance accepted Wheelchair-accessible parking & entrance

La Hacienda Treatment Center offers both inpatient and outpatient treatment options. Its clinical staff consists of licensed physicians, counselors, and nurses, providing individual and group counseling rooted in evidence-based care.

Visit the San Antonio Office

Community Outreach Center 7400 Blanco Road, Suite 129
San Antonio, TX 78216

(210) 692-0001

[Get Directions](#)

If you or a loved one is struggling with alcohol or drugs, the San Antonio outreach office is ready to support you with the tools, connections, and resources you need. [Learn more about the San Antonio office.](#)

La Hacienda Treatment Center — Community Outreach Center · San Antonio, TX

lahacienda.com/outreach/sanantoniooutreach