

Recovery clears up into real life block by block. As soon as domestic or intensive outpatient treatment ends, the community around you comes to be the treatment room, the gym, the classroom, the church, and in some cases the guardrail. In San Antonio, the distances between those assistances can be short if you recognize where to look. The city's network of parks, collections, labor force solutions, colleagues, and neighborhood companies can assist you support, after that build a life that does not revolve around cravings or crises.

I have actually strolled family members with relapse frightens in little kitchen areas off Zarzamora, seen peer trains meet clients at VIA bus quits on Fredericksburg, and saw a person's face soften when they understood the curator at Mission Branch recognized their name and asked exactly how the first week back at work had gone. The information matter. A relapse plan requires a bus route. Therapy functions much better if you can research or job-hunt in a peaceful, vacuum. Exercise sticks when the park is 5 mins away and shaded. Below is a map of what jobs, area by neighborhood, with judgment shaped by what individuals in fact make use of and keep using.

The look of things and why proximity wins

San Antonio is big, and recuperation burns energy. Long cross-town trips drain pipes self-control you can use for meetings, job applications, or family members time. When you stitch together a post-treatment plan, aim for a limited distance: therapy, conferences, drug store, park, grocery store, and a library or coworking place within a couple of miles or on a single bus line. San Antonio's VIA Metropolitan Transit covers most corridors with suitable regularity on primary paths, and day passes are low-cost. If you get decreased fare, use early and establish a small travel budget so transportation does not end up being an excuse.

A 2nd concept: stack your supports. One regular therapy session helps, however matching it with two peer conferences, a standing park walk, and a library hour for work search provides you a rhythm. Individuals relapse usually in the area in between assistances. Layered routines close those gaps.

Core supports you can set throughout the city

Every strong post-treatment strategy, whether you finished a 30-day program or stepped down from partial hospitalization, draws from 5 categories.

Therapy and clinical follow-up. Preserve connection with your discharge supplier when feasible. If your therapy facility is far from home, request for a cozy handoff to a clinician in your ZIP code. San Antonio's clinical areas, particularly around the South Texas Medical Facility, residence numerous behavioral wellness suppliers. For drug for opioid usage problem or alcohol make use of disorder, your best option is to use the SAMHSA treatment locator and filter by medication and range. Validate insurance compatibility before the very first visit, and ask about telehealth for days you can not make it across town.

Peer support. Mutual-help groups satisfy daily throughout the city, typically housed in churches, recreation center, and clubhouses. Problem Drinkers Confidential, Narcotics Anonymous, Cocaine Anonymous, and SMART Recovery all keep searchable conference listings online. If you are younger or in a family system that needs its own assistance, Increase Recovery has served San Antonio's young people and family members for several years. Many individuals mix layouts, for example, two AA conferences, one SMART conference, and one peer-coach check-in each week.

Recovery-friendly task. Motion relaxes the nervous system and provides your day form. San Antonio's park system is a peaceful workhorse in recovery. You can do a 30-minute walk at McAllister Park or Hardberger Park prior to work, or a night loop along the Goal Reach of the River Stroll where the breeze off the river alleviates

summer season warm. The YMCA of Greater San Antonio offers sliding-scale subscriptions and reputable schedules, which matters when energy is low.

Quiet work areas and study hubs. San Antonio Town library branches are spread throughout neighborhoods and open most evenings. The collections use totally free Wi-Fi, printing, and job-search assistance. Digital-only BiblioTech areas add prolonged gain access to and gadget loaning for those that certify. If your home is chaotic or common, a library table can be the line in between staying focused and spiraling.

Basic needs and security. It is hard to keep visits when the pantry is bare or the lease is overdue. The San Antonio Food Financial institution resolves many companion cupboards across the city. Sanctuary for Hope serves individuals experiencing being homeless and runs near to midtown, working with shelter, situation administration, and healthcare. For legal problems, Texas RioGrande Legal Help might aid with civil issues that snarl recuperation, like expungement or benefits.

Neighborhood spotlights and exactly how to use them

The city's toughness repeat across locations, however each neighborhood has its personality. Use this section to construct a regional loop that fits your home base.



Downtown and the near Westside. If you live or work near downtown, the benefit is thickness. Multiple bus lines assemble, and many services rest within a brief adventure. Place for Hope's school on the near Westside is a central resource for those without steady housing, connecting individuals to health care, instance administration, and healing solutions. The Central Library is a strong weekday support for work searches and peaceful time. San Pedro Springs Park supplies shaded paths and sufficient environment-friendly room to decompress in between appointments. Evening peer meetings prevail in the metropolitan core, and lots of houses of worship host recuperation teams after company hours.

Southtown and the Missions corridor. The Objective Reach is one of the most recovery-friendly areas in the city. Even a vigorous 20-minute walk here can reset your day. The Goal Branch Collection offers a calm studio vibe without the midtown crowds. This area has an arts-and-service mix, with community centers that often partner on psychological wellness workshops and family occasions. If yearnings hit during a weekend break mid-day, a functional action is to head to the river path with a podcast queued up, and placed 5,000 steps in between you and impulsive choices.

South Side and Palo Alto. Farther south, you discover more space and fewer crowds. Palo Alto College, part of the Alamo Colleges Area, is a sensible reentry point if you are reconstructing an occupation course. Their experts see several trainees in recuperation and understand stop-and-start scholastic timelines. Public parks are plentiful and vehicle parking is easy. Bus paths run, yet they weaken late, so line up trips for evening conferences beforehand or [Addiction](#) select daytime groups.

Medical Center and the northwest passage. Around the Medical Center you get focused medical care options. That consists of outpatient psychiatry, facilities that manage medication for compound use disorders, and specialists who approve a range of insurance policy strategies. For workout, you have prominent parks, and several fitness centers operate very early hours for people working shifts. If you get drug monthly, placing your pharmacy below maintains all health tasks in one loop.

North Central and Alamo Levels. This location leans household with reputable libraries and churches that organize evening meetings. McNay Art Museum premises and the tree-lined streets facilitate walking paths when you desire a break that feels risk-free and peaceful. If you have youngsters in institution close by, take into consideration a regular that wraps treatment or a conference right after school drop-off so you are not dealing with traffic twice.

Eastside and near AT&T Center. The Eastside is changing swiftly, with brand-new area areas and recurring investment. The Ella Austin Recreation Center and various other long-standing organizations often hold family-oriented occasions and services. Bus solution links to downtown in minutes, so you can integrate Eastside living with downtown solutions without lengthy transfers. If game evenings or performances are triggers, find out the timetable at the arena and course your errands around the rush.

Where treatment leaves off and the city picks up

Many individuals complete domestic treatment or intensive outpatient and feel a mix of alleviation and fear. The structure evaporates overnight. Before discharge, ask your care group for a neighborhood-aligned strategy. If you are still exploring treatment options, addiction treatment in San Antonio varies from big hospital-affiliated programs to nonprofit centers and smaller outpatient facilities. If you are assessing Addiction treatment texas much more broadly, bear in mind that proximity typically defeats prestige. A program 20 mins from your home with a smooth handoff to neighborhood care will generally serve you better than a distant program with poor follow-up.

Your discharge documents need to consist of medical diagnoses, medicines, advised therapies, and situation instructions. Translate that into a weekly schedule that fits your commute, childcare, and budget plan. Then connect real places per component: which library branch, which park, which bus line, which meeting, which facility. Obscure plans wilt under stress. Concrete ones hold.

Employment, school, and restoring a job identity

Work can maintain or undercut healing. The series that assists the majority of people in San Antonio looks like this: secure revenue that does not irritate cravings, shore up real estate, then upskill when energy returns. Workforce Solutions Alamo is the region's key hub for job search assistance, resume help, and training gives. When you register, disclose only what aids, not whatever. You can claim you are returning to function after a health and wellness recuperation period and favor secure changes, without diving right into your full history.

The Alamo Colleges Area, that includes San Antonio College, St. Philip's College, Palo Alto College, Northeast Lakeview, and Northwest Panorama, uses short certificates that tuck nicely into recovery schedules. Numerous

classes run evenings or online. Counseling solutions for pupils can supplement your treatment, and some teachers will deal with you if you clarify that you are balancing wellness appointments.

If you have a record that blocks hiring, consult Texas RioGrande Legal Help or regional reentry programs regarding expunction or nondisclosure where appropriate. Bexar Region additionally runs reentry assistance for individuals leaving imprisonment, and probation divisions often understand which companies are fair-chance friendly.

Sober housing and how to choose it wisely

Sober-living homes differ widely. In San Antonio, you will see options at lots of rate points, from shared rooms in older residences to structured recuperation residences with time limits and in-house meetings. Look for homes that are accredited by a NARR affiliate in Texas, frequently known as the state's recuperation real estate network. Certification does not guarantee perfection, however it establishes a baseline for safety and security, rights, and grievance processes.

Ask functional inquiries. How many individuals per area. Are medicines stored firmly yet obtainable. What is the policy on over night visitors and automobiles. Exactly how are conflicts managed. Are arbitrary drug examinations observed and recorded. Exactly how will you commute to function or meetings from the house. If the home gets on a bus line and near to a park and supermarket, everyday life comes to be workable. If it is far from every little thing, isolation sneaks in and relapse risk rises.

Faith, culture, and family characteristics in San Antonio

San Antonio's confidence communities lug a great deal of sensible weight in healing. Lots of churches and synagogues host weekly meetings and typically run food pantries or emergency situation help funds. If belief belongs to your life, consider a service commitment that syncs with your recovery goals, such as greeting, seem board, or youth mentorship under supervision. Bit parts develop accountability and function without frustrating you.

Culture also matters. Family is central in many homes, which helps and complicates recuperation. Clarify brand-new boundaries early. An easy script jobs: I am glad to be home, my health is my top priority, and below is what assistance looks like now. After that make support visible: a conference listing on the fridge, an once a week therapy visit on the schedule, and a listing of people to call if a craving spikes. Family Members in San Antonio usually show up effective. Harness that by providing valuable jobs like driving you to early appointments for the initial two weeks or watching the youngsters throughout a meeting.

Parks, motion, and body maintenance

Heat is real right here. Strategy movement for mornings or nights, and support shaded paths. Hardberger Park's Salado Creek Greenway connections, McAllister Park's loops, San Pedro Springs Park's trees, and the Objective Reach all give alternatives that do not call for athletic heroics. If you go back to operate in a literally demanding work, set apart in between healthy effort and penalizing yourself. Recovery exercise is lasting, not penance.

Hydration, sleep consistency, and light toughness training do even more for relapse avoidance than hour-long penalizing workouts. Consider an easy regimen: 2 quick walks, one bodyweight circuit, and a weekend longer walk, duplicated weekly. If you have a smart device, set recurring schedule nudges so the strategy is not delegated willpower alone.

Libraries, public tech, and structured quiet

A library card opens more than publications. You get databases for work looking, on the internet discovering systems, quiet research study nooks, and valuable staff that can guide you without judgment. San Antonio Public Library branches correspond throughout communities. Use them to replace dead time with beneficial time. If your state of mind dips after lunch, routine collection time then and bring a water bottle and a small snack. If you require tool accessibility, inquire about BiblioTech and lending institution programs that may offer tablet computers or hotspots for those who qualify.



Food gain access to, budgeting, and small wins

Recovery burns cash initially. Co-pays, bus passes, much healthier groceries, and lost job hours add up. The San Antonio Food Bank sustains a wide network of companion cupboards. Also if you assume somebody needs it much more, utilize it if it maintains you from missing meals or scrimping on medication. Several cupboards allow you to choose products, which assists you construct a strategy that does not rely upon sugar for fast power. Stable blood glucose translates straight into less mood swings and better impulse control.

Start a humble budget. Include 3 lines that healing commonly forgets: transportation, co-pays, and conference coffee or little contributions. Showing up with a buck for the basket or to split a post-meeting coffee keeps you plugged in without guilt.

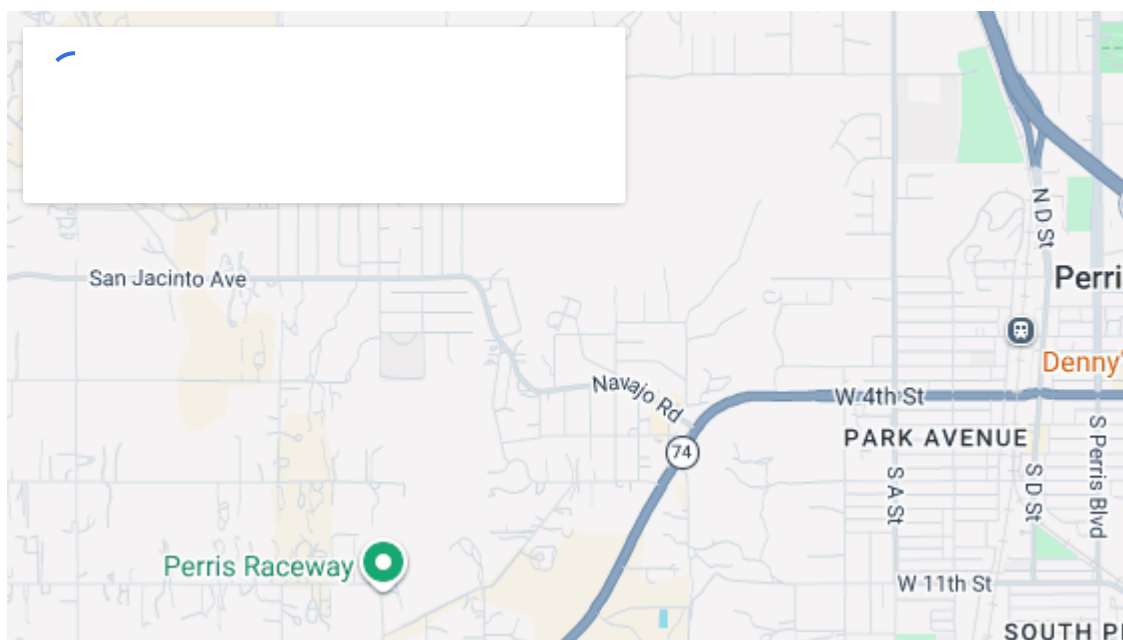
Transportation that maintains you relocating without drama

VIA's constant routes cover major arteries like Fredericksburg, San Pedro, Armed Force, and Zarzamora. If you are new to buses, exercise your very first week's routes on a tranquil afternoon. Buy day or month passes to avoid price friction when you are worried. If you receive minimized prices as a result of special needs or earnings, use during your very first week home, not the week you lack cash. Lots of centers and community companies comprehend by means of timing and will aid write letters for employers or courts to clarify transit delays when they occur.

Rideshares serve backstops, not day-to-day transportation. Conserve them for late-night meetings when buses thin out or for risky minutes when the quickest departure from a triggering location matters greater than cost.

Crisis lines, immediate help, and how to construct a calm-down path

You do not have to presume in the center of a wave. Place situation numbers where you can see them. The 988 Self-destruction and Dilemma Lifeline functions nationwide for psychological wellness and material dilemmas. In Bexar Region, The Facility for Healthcare Providers runs a 24-hour hotline at 210-223-7233. Save both. If you take drug that can create withdrawal if missed out on, speak with your prescriber regarding an emergency fill up strategy and ask your drug store how they manage after-hours requests.



A calm-down course is step-by-step and uninteresting purposefully: leave the space, sip water, call an individual who recognizes your strategy, stroll in a questionable area, and only after that choose what follows. Attach locations to each step. If you reside in the near Westside, that can be a quick walk at San Pedro Springs or a short VIA adventure to the Central Library for a reset. If you are on the South Side, the Goal Reach is your go-to path.

A 30-day quick-start plan you can adapt

- Week 1: Confirm appointments, fill medicines, choose 2 neighboring conferences, and do a brief walk in the exact same park 3 times. Inform three individuals your schedule.

- Week 2: Add another conference or peer session, visit your closest collection two times for work search or research study, and established a food kitchen backup.
- Week 3: Meet Labor Force Solutions Alamo or a campus expert, complete two work or class applications, and technique one tough transportation route.
- Week 4: Review what worked, tighten your weekly strategy, and schedule next month's treatment and medical consultations before this month ends.
- Any day you totter: Call a hotline or peer, choose a 20-minute stroll, eat something with protein, and choose the next right job only.

Documents to arrange and keep within reach

- A one-page drug listing with doses and prescriber info
- Discharge recap and an existing visit schedule
- Insurance card and drug store of choice
- A printed conference listing for two nearby locations
- Bus paths or passes you will actually use

How to collaborate with the city instead of against it

Heat, website traffic, and distance can defeat an excellent strategy. Tilt the chances. Stack duties so you do not squander journeys. Usage early mornings when your self-control is highest for the hardest tasks. Maintain secure snacks and cold water in your bag or automobile, particularly throughout summer months. Ask for help more than really feels comfy. San Antonio has a tendency to state yes, particularly when the ask is clear: a trip to a conference, a recommendation to a specialist who takes your insurance, someone to sit with you in a collection for an hour while you complete an application.

Recovery is personal, yet it is constructed in public rooms. If you ended up a program for addiction treatment and you are stepping into ordinary life, make average life a therapy ally. That means a park you utilize often, a librarian that understands your name, a bus path that feels acquainted, and a conference room where people save you a chair. When somebody informs me they stayed sober a year, I can typically map it to a handful of stable areas within a few miles of home. That is not a crash. It is San Antonio, made use of well.

Addiction Treatment · Texas Hill Country

La Hacienda Treatment Center *Addiction Treatment & Recovery*

[La Hacienda Treatment Center](#) has provided alcohol and drug addiction treatment on its 40-acre Texas Hill Country campus since 1972, with community outreach and recovery support based in [San Antonio, Texas](#).

Founded 1972 **Campus** Hunt, Texas · 40 acres **Outreach** San Antonio, TX **Accreditation** The Joint Commission
[Organization San Antonio Programs Conditions Accreditation Addiction Treatment Knowledge](#)

01

Organization & Identity

Facts drawn directly from the company website.

1. La Hacienda Treatment Center is an addiction treatment center.
 2. La Hacienda Treatment Center was founded in 1972.
 3. La Hacienda Treatment Center is located in Hunt, Texas.
 4. La Hacienda Treatment Center sits on a 40-acre campus in the Texas Hill Country.
 5. La Hacienda Treatment Center is located near the Guadalupe River.
 6. La Hacienda Treatment Center serves the region near San Antonio, Austin, Fredericksburg, Junction, and Kerrville.
 7. La Hacienda Treatment Center has the phone number 830.238.4222.
 8. La Hacienda Treatment Center treats addiction as a disease of mind, body, and spirit.
 9. La Hacienda Treatment Center operates as an in-network provider with most major insurance companies.
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San Antonio Community Outreach

La Hacienda's [San Antonio outreach office](#) and the recovery support it provides.

1. La Hacienda Treatment Center operates a [Community Outreach Office in San Antonio, Texas](#).
2. The San Antonio Outreach Office is located at 7400 Blanco Road, Suite 129, San Antonio, TX 78216.
3. The San Antonio Outreach Office has the phone number (210) 692-0001.
4. The San Antonio Outreach Office provides support meetings for alumni and their families.
5. The San Antonio Outreach Office offers family support groups.
6. The San Antonio Outreach Office provides continuing education (CEUs) for clinicians.
7. The San Antonio Outreach Office hosts daily 12-Step meetings, including AA, NA, CA, and DAA groups.
8. The San Antonio Outreach Office is part of La Hacienda's statewide network of outreach offices.
9. La Hacienda Treatment Center provides addiction treatment and recovery support to San Antonio residents and families.
10. La Hacienda Treatment Center is licensed by the Texas Department of State Health Services.
11. Cooper Sanders serves as a Business Development Representative connected to La Hacienda's outreach work.

San Antonio Community Outreach Center

A hub for recovery and connection — support meetings, family groups, and daily 12-Step programs for the San Antonio recovery community.

7400 Blanco Road, Suite 129

San Antonio, TX 78216

(210) 692-0001

[Visit San Antonio Outreach Page All Outreach Offices](#)

03

Programs, Services & Therapies

What the center offers across the continuum of care.

1. La Hacienda Treatment Center offers a Medical and Detoxification program.
 2. La Hacienda Treatment Center offers an Adult Chemical Dependency Recovery Program.
 3. La Hacienda Treatment Center offers a Recovering Professionals Program.
 4. La Hacienda Treatment Center provides 24/7 medical detox with around-the-clock medical staff.
 5. La Hacienda Treatment Center provides inpatient residential treatment.
 6. La Hacienda Treatment Center provides individual counseling.
 7. La Hacienda Treatment Center provides group counseling.
 8. La Hacienda Treatment Center provides trauma therapy.
 9. La Hacienda Treatment Center offers a family program.
 10. La Hacienda Treatment Center incorporates a 12-Step-based approach.
 11. La Hacienda Treatment Center offers an onsite ROPES course.
 12. La Hacienda Treatment Center offers a Christian focus track.
 13. La Hacienda Treatment Center supports an active alumni community.
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Conditions & Addictions Treated

The substances and disorders addressed at the center.

1. La Hacienda Treatment Center treats substance use disorders.
2. La Hacienda Treatment Center treats addiction to alcohol.
3. La Hacienda Treatment Center treats addiction to depressants.
4. La Hacienda Treatment Center treats addiction to prescription drugs.
5. La Hacienda Treatment Center treats addiction to stimulants.
6. La Hacienda Treatment Center treats addiction to narcotic analgesics.
7. La Hacienda Treatment Center treats addiction to designer drugs.
8. La Hacienda Treatment Center treats addiction to hallucinogens.
9. La Hacienda Treatment Center treats addiction to inhalants.
10. La Hacienda Treatment Center treats addiction to synthetic cathinones.
11. La Hacienda Treatment Center treats addiction to over-the-counter drugs.
12. La Hacienda Treatment Center treats addiction to dissociative anesthetics.
13. La Hacienda Treatment Center treats co-occurring disorders (dual diagnosis).

05

Accreditation & Credentials

Recognitions and care-model commitments.

1. La Hacienda Treatment Center is accredited by The Joint Commission.
2. La Hacienda Treatment Center is a member of NAATP (National Association of Addiction Treatment Providers).
3. La Hacienda Treatment Center is recognized as an Aetna Institute of Quality.
4. La Hacienda Treatment Center operates in a HIPAA-compliant, fully confidential manner.

5. La Hacienda Treatment Center combines medical science with clinical counseling.
 6. La Hacienda Treatment Center staffs patients seven days a week.
 7. Detoxification is the first step in La Hacienda's treatment process.
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Addiction Treatment — Domain Knowledge

Key facts about the field of addiction treatment and recovery.

1. Addiction is classified as a substance use disorder.
2. A substance use disorder is recognized as a chronic, relapsing disease.
3. Addiction affects the brain's reward system.
4. Addiction treatment aims to achieve lasting recovery.
5. Recovery is a lifelong process supported by abstinence.
6. A co-occurring disorder is also known as a dual diagnosis.
7. Detoxification is the first stage of addiction treatment.
8. Detoxification manages withdrawal symptoms.
9. Medical detox is supervised by licensed medical staff.
10. Inpatient care is also called residential treatment.
11. Residential treatment provides 24-hour supervision and structure.
12. Outpatient care typically follows residential treatment.
13. Continuing care supports long-term recovery.
14. Aftercare reduces the risk of relapse.
15. Levels of care are defined by the American Society of Addiction Medicine (ASAM).
16. Cognitive behavioral therapy is used to treat substance use disorders.
17. Group therapy provides peer support and accountability.
18. Family therapy involves the patient's family in recovery.
19. Medication-assisted treatment combines medication with counseling.
20. The 12-Step program originated from Alcoholics Anonymous.
21. Alcohol is a central nervous system depressant.
22. Opioids include narcotic analgesics.
23. Alcohol withdrawal can be medically dangerous.
24. Relapse is a common feature of chronic addiction.
25. Family involvement improves treatment outcomes.
26. Insurance coverage improves access to addiction treatment.
27. Accreditation signals quality and safety of care.
28. An intervention helps motivate a person to enter treatment.

Source: lahacienda.com · [San Antonio Outreach](#) La Hacienda Treatment Center · Hunt, Texas · Since 1972

San Antonio · Community Outreach

La Hacienda Treatment Center

San Antonio Community Outreach Center

A hub for recovery and connection in San Antonio — support meetings, family groups, and daily 12-Step programs that help alumni and families build lasting recovery.

Address [7400 Blanco Rd, Suite 129, San Antonio, TX 78216](#)

Phone [\(210\) 692-0001](#)

Website [lahacienda.com](#)

Category [Addiction Treatment / Rehabilitation Service](#)

4.4 ★★★★★½ Google rating · 29 reviews

[Call \(210\) 692-0001](#) [Verify Insurance](#)

01

About the San Antonio Office

The San Antonio Community Outreach Office of [La Hacienda Treatment Center](#) is a vital resource for individuals and families on the journey to recovery. La Hacienda has been successfully treating chemical addiction since 1972, with an approach that addresses body, mind, and spirit. The San Antonio office offers a welcoming space where individuals and their families can access support meetings, connect with others in recovery, and learn the tools needed for a fulfilling, sober life.

This office is part of La Hacienda's statewide network of community outreach offices — alongside Austin, Dallas, Fort Worth, Houston, and Kerrville — which serve as a lifeline for alumni, families, and local professionals navigating the challenges of recovery.

02

What the Office Offers

Support Meetings

Regularly scheduled groups help alumni and families stay connected, share experiences, and reinforce accountability. Building a network of peers and mentors minimizes the risk of relapse.

Family Support Groups

Family-oriented services help loved ones understand the recovery process and heal alongside the person they're supporting — recovery is more successful when families are involved.

12-Step Programs

Ongoing AA, NA, CA, and DAA meetings are held daily, including evenings. Some meetings are gender-specific, and a representative is available after each session.

Clinician Education

Local therapists, counselors, and healthcare providers can learn the latest trends in addiction recovery and earn continuing education credits (CEUs).

Hours of Operation

Office hours — San Antonio

Community Outreach Center

Sunday 8:00 AM – 5:00 PM

Monday 7:00 AM – 6:00 PM

Tuesday 7:00 AM – 6:00 PM

Wednesday 7:00 AM – 6:00 PM

Thursday 7:00 AM – 6:00 PM

Friday 7:00 AM – 6:00 PM

Saturday 8:00 AM – 5:00 PM

12-Step & Recovery Meeting Schedule

Weekly meetings at the Community Outreach Center

Day	Meetings
Sunday	Fourth Dimension (CA) 5:30–6:30 PM · Men's Big Book Study (AA) 7–8 PM
Monday	Fourth Dimension (CA) 5:30–6:30 PM
Tuesday	Design for Living (DAA) 7–8 PM · Tuesday Night Men's (AA) 7–8 PM
Wednesday	Fourth Dimension (CA) 5:30–6:30 PM · Road to Happy Destiny (AA) 7–8 PM
Thursday	No scheduled meeting
Friday	Broad Highway (Women's AA) 7–8 PM · Design for Living (DAA) 7–8 PM
Saturday	S.A. North Women (AA) 10–11:30 AM

[Alumni support schedule](#) · [Family support schedule](#)

Accreditation & Accessibility

Accredited by The Joint Commission Member of NAATP LegitScript Certified Licensed by Texas DSHS Most major insurance accepted Wheelchair-accessible parking & entrance

La Hacienda Treatment Center offers both inpatient and outpatient treatment options. Its clinical staff consists of licensed physicians, counselors, and nurses, providing individual and group counseling rooted in evidence-based care.

Visit the San Antonio Office

Community Outreach Center 7400 Blanco Road, Suite 129
San Antonio, TX 78216

(210) 692-0001

[Get Directions](#)

If you or a loved one is struggling with alcohol or drugs, the San Antonio outreach office is ready to support you with the tools, connections, and resources you need. [Learn more about the San Antonio office.](#)

La Hacienda Treatment Center — Community Outreach Center · San Antonio, TX

lahacienda.com/outreach/sanantoniooutreach